

## Mental illness, addiction top local health concerns

Mental illness and addiction services are the most important health issues facing the South Kaipara community according to results of a major local survey.

The survey of public views on health needs in the South Kaipara area is helping the Helensville District Health Trust to make decisions about what and how health services will be offered over the next 10 to 30 years.

The Trust commissioned the report in conjunction with the Waitemata District Health Board and primary health organisation ProCare, a network that supports GP practices.

It comes as the Trust looks to redevelop its health campus on the corner of Commercial Road and Porter Crescent, and how best to serve a population that's set to increase by 40 percent in the next 15 years.

The survey, taken last year, received responses from a number of community organisations as well as members of the public, and its findings have now been collated.

The survey found locals believe mental



• An aerial view of Helensville's health campus

illness and addiction services are the most important health issue facing the community, and the opportunity to develop more local services - including addiction services, youth services and talking therapies - was raised. There was consistent feedback about the need for these services to be easy to access and navigate.

Poverty, poor housing and transport were identified as some of the most important health issues for people living in South Kaipara.

A lack of public transport which affects people's ability to access accident and emergency care, specialist services such as radiology, and hospital outpatient appointments is a common concern.

The majority of people who provided feedback are enrolled with one of the four local GP practices, and many feel welcomed and cared for by their doctor - although they do want more timely appointments. Survey

responders feel there are not enough GPs, and reported waiting up to two weeks to see their own doctor.

Coming in for positive praise was the Labtests medical laboratory in Helensville, the Helensville Birthing Centre, Māori health providers, and the area's first responders.

The survey respondents' wishlist includes more health services and support for older people, including residential facilities, home-based services and carer support; and for youth, including mental health, family planning and support for young mothers. A youth hub or satellite clinic were seen as the most appropriate way to improve local access to youth services.

Māori feel there is a need for mainstream services to be more culturally accessible, to have stronger Māori engagement, and a more holistic approach to whānau health.

Other suggestions include better communication and integration across health services, and between health and social services, to support a more holistic approach to health. A 'one stop shop' for health and social services is seen as one way of enabling better integration.

Mobile nursing clinics, and clinics in community settings, are suggested as a way to improve access to health services, while harnessing technology such as patient portals, mobile apps and telehealth initiatives could also benefit community health.

"We're about to embark on a redevelopment of our facilities and this feedback will be invaluable as we look to ensure that whatever is built will meet the

• To page 2

### Inside...

- Railway St development ... Pg 3
- Lost WWII Pilot ... Pg 4
- New children's book ... Pg 5
- Music scholarship ... Pg 6
- College talk on pornography ... Pg 8
- Local teen wins award ... Pg 9

# PREMIER

*One stop - we do the lot!*

■ COLLISION REPAIR  
■ MECHANICAL REPAIR  
■ TYRES

Call today for an appointment or FREE quote!

PH 09 420 8806

[www.tyrepower.co.nz](http://www.tyrepower.co.nz)

 Tyrepower

 mta



[www.facebook.com/helensvillenews](https://www.facebook.com/helensvillenews)



@HelensvilleNews

■ [www.helensvillenews.co.nz](http://www.helensvillenews.co.nz)

BUYING OR SELLING PROPERTY?



**Jana Mills**  
 Mob: 021 509 990  
 AH: 09 420 9953  
**PRESTIGE**  
 Jana Mills Real Estate



**Parakai Springs swim school**  
**ALL AGES**  
 Parakai Springs 09 420 8998  
 swimschool@parakaisprings.co.nz



**N2K Electrical Ltd**  
**TOSHIBA**  
**Your local Toshiba Heat Pump Installer**  
 Ph: 420 2028 Mob: 021 417 992  
 koast.electrical@stratanet.co.nz  
 For all domestic and commercial electrical work

## editorial

For all its issues - and they are numerous - the internet is an amazing thing. How else could a woman living in England, researching a 74-year-old World War II plane crash, get in touch with the local newspaper from the town on the other side of the world where the plane's pilot came from? That town, of course, is Helensville, and the newspaper - well, you're reading it!

All Alison Bennetts had to do was Google 'Helensville newspaper' and *Helensville News* was top of the search results.

You can enjoy this really interesting story about a local who died serving his country on page 4 - and please, if anyone knows anything about the pilot's family, get in touch with us so we can pass the information on.

On page three we give a rundown on an important new commercial and industrial development shortly to start construction in Railway Street. This northern part of our town that hasn't seen much redevelopment in recent years, so this will hopefully give the area a bit of a shot in the arm.

Finally, it was great to learn about the impending visit to Kaipara College of Richie Hardcore (page 8), who will talk to parents and students about issues with teens and online pornography. It's an uncomfortable topic often sidestepped by parents, so kudos to the college and Te Rito Rodney Family Violence Network for raising the issue here.

- Dave Addison, Editor

## MP helps celebrate 103rd birthday



Helensville MP Chris Penk helped Jean Penny (left) celebrate her 103rd birthday recently.

Jean, a long-time resident in the Helensville area who now lives at Taupaki Gables, has an impressive knowledge and memory of local events, history and happenings. Chris enjoyed an interesting time listening to Jean's stories of life in Helensville going back many decades.

## Mental illness, addiction cont...

• From page 1

needs of the community for the next 20 to 30 years," says Health Trust chairperson Erica McKenzie.

Trust business manager Nicola Keen-Biggelaar says what she was excited to see in the survey was a desire for more collaboration and innovation.

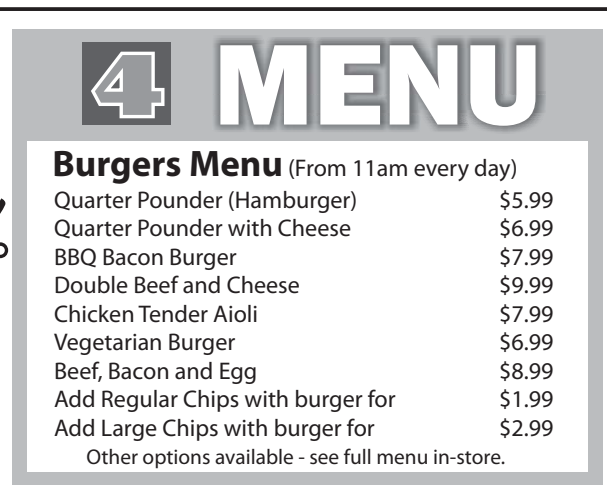
"There's a real acknowledgement that

with some clever thinking around smart use of new technologies and a holistic approach to health we can make it easier for people to access what they need to live healthier lives."

A summary of the report, including recommendations, is available on the Helensville District Health Trust's website, [helensvillehealth.co.nz/news](http://helensvillehealth.co.nz/news).



**BRING THIS VOUCHER!**  
**4 FOUR SQUARE PARAKAI**  
**ANY Espresso Coffee, Mocha, Flat White or Hot Chocolate only \$2**  
 At Parakai 4 Square Café, from 11am daily until the end of August.  
 Limit one per customer, not available in conjunction with any other promo.



**4 MENU**  
**Burgers Menu** (From 11am every day)  
 Quarter Pounder (Hamburger) \$5.99  
 Quarter Pounder with Cheese \$6.99  
 BBQ Bacon Burger \$7.99  
 Double Beef and Cheese \$9.99  
 Chicken Tender Aioli \$7.99  
 Vegetarian Burger \$6.99  
 Beef, Bacon and Egg \$8.99  
 Add Regular Chips with burger for \$1.99  
 Add Large Chips with burger for \$2.99  
 Other options available - see full menu in-store.



# Major commercial development planned for Railway Street

A new commercial and industrial development is about to be built on the corner of Railway and Stewart Streets.

It will comprise five small warehouses, and two retail shops with professional office space above. Work is slated to begin later this year, with construction completed by the middle of 2019.



• An architect's impression of the new development

The development is being marketed by NAI Harcourts agents Geoff Thorne and Rene Geertshuis, who are pre-selling the property off the plans, either as individual sales or as a total package for an investor.

Geoff says the development on SH16 will offer owner occupiers or investors the chance to purchase their own small secure warehouse from \$395,000 [plus gst].

"Prices like this are just not available throughout Auckland, and we expect these to sell very fast," he says.

Prices go up to \$879,000 for the larger of the two retail premises.

Construction will be by concrete tilt slab. Each warehouse, which range in size from 72 to 108 sq.m., will feature a mezzanine at the rear, a high roller door, sky lighting in the roof, a small kitchenette and toilet, and ample parking adjacent to each unit.

A cornerstone feature of the north-facing development is a 101 sq.m. retail shop with

office space the same size above. Geoff says the development has high exposure to the traffic on SH16, plenty of parking, and good access from both roads.

"We see businesses like a café acquiring this shop, with a sunny outdoor area able to be used, or imagine the exposure for a rural sector sales and/or service business."

The second retail outlet will be about half that size.

Above the retail shop will be an office with windows all round for light and warmth, air conditioning, and fitted out

ready for occupation. Parking will be handy to the access stairway.

"Small, elevated new office space is in short supply, so we expect this one to go fast," says Geoff. "This office will be for lease or sale."

"Helensville is on a growth curve with plenty of residential sections under construction. In turn, commercial and industrial property will be needed to satisfy business requirements in an expanding suburb.

"Another driver in Helensville is the extreme shortage of industrial land north and west of Auckland City," he says.

"Kumeu across to Silverdale industrial has boomed over recent years, leaving little opportunity for owner-occupiers to access the market, so we expect buyers will be looking a little further to secure their position as the growth continues."

## LIFESTYLE MOWING MACHINERY

"We will put the fun back into mowing"



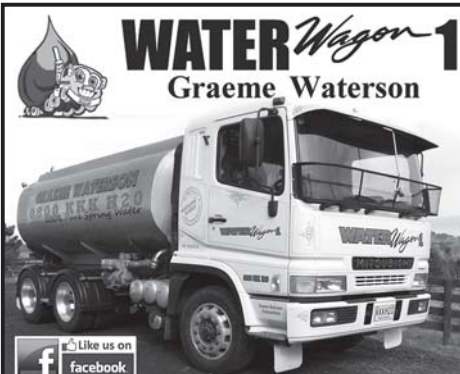
- Quality brand mowers & ride ons
- Unparalleled service & support
- Large product range

Come in and see us today!

8 Stevens Lane  
Waitoki

0274 955 948

[www.moadoc.co.nz](http://www.moadoc.co.nz)



0800 KKK H2O 09 420 4688  
027 280 2630

'Pure Spring Water Carriers'



Locally owned and operated  
**Insurance Broker**

- ♦ Home and Business
- ♦ Vehicles ♦ Marine

Ph: 420 2798  
Mob: 022 363 2377  
Email: [m.kreling@rdi.nz](mailto:m.kreling@rdi.nz)  
[www.rdi.nz](http://www.rdi.nz)



## CRAIGWEIL HOUSE

*Care, Comfort and Companionship*

Situated in Parakai village, opposite the thermal pools, Craigweil House offers a warm and caring environment. Our family owned, and operated home, offers a relaxing, friendly and safe environment which is nurtured by our dedicated care team. We offer many levels of care including Rest Home, Hospital, Secure Dementia, Respite and Day Stays.

Come in for a friendly cuppa and chat with our team today!

143 Parkhurst Rd, Parakai • Phone: (09) 420-8277  
Email: [info@craigweil.co.nz](mailto:info@craigweil.co.nz)

Previously  
United Travel



From flights, package holidays, tours, and cruises. Let us help you discover the world.

**Embrace life. Call us today.**

**YOU Travel Helensville**

60 Commercial Road, Helensville

(09) 420 8860

@ karen.reilly@youtravel.co.nz

www.youtravel.co.nz

**Sean Gray  
Electrical Ltd**

- For all your electrical requirements
- Repairs, maintenance & new installations
- Overhead to underground conversions
- Underground services to new homes
- New alarm systems

0274 784 396

Ph/Fax (09) 420 5122, (09) 420 8978  
email: seangrayelectrical@xtra.co.nz

**Gumboots**  
Early Learning Centre

Sharing Matariki Rewena Bread



www.gumboots.ac.nz

1157 Peak Road R D 2 Helensville, ph 411 9038

**McLEOD  
MOTORS**

- WOFs
- All Mechanical Repairs
- Auto Electrical
- Tyres & Batteries
- Stockists of 'Total' lubricants

5 Railway Street, Helensville  
Ph: 420 8633

# Lost Helensville WWII pilot

An English woman is trying to find out information about a World War II pilot believed to come from Helensville, who was killed in Greece during a war-time mission.

RNZAF Pilot Officer Colin William Robbie of Helensville was the captain of a Wellington bomber which crashed into rugged mountains near the village of Dafnos on mainland Greece, killing all five crew - among them Alison Bennetts' uncle, James Samuel Bennetts.

"Since finding out the names of the crew and especially that of the pilot, C.W. Robbie, I have often wondered if he has any living relatives in Helensville," says Alison, who has been researching the crash.

"He was 21 and was the son of Percy James Robbie and Eliza Ann Robbie of Helensville. I believe he worked as a carpenter before enlisting."

P/O Robbie was flying a Wellington bomber on September 15, 1944, one of 29 planes from 70 Squadron on a mission flying out of Italy to bomb Eleusis airfield in Athens. Alison's uncle was the air gunner on the plane.

"The Wellington, we believe, was attacked and damaged by German fighters after completing the mission and, shortly after, we know it went into mechanical failure, flew very off course, and crashed into the mountains of Dafnos."

Theirs was the only plane lost on the mission.

"I have been in touch with the village of Dafnos and the story of what happened following the plane's crash into the mountain is very touching. There are still villagers alive who remember that night. One man has some of the wreckage.

"They saw the plane coming low over the village, sensed that it was struggling, and then witnessed the ball of flames as

it crashed.

"The villagers rushed up to the mountainside and retrieved the bodies, took them down to their village by donkey and cart, and the Greek Orthodox priest, and the villagers, gave them a full Orthodox burial. Great care was taken to hide what remained of the crashed Wellington and to keep their actions a secret - if the Germans had found out, there would have been reprisals."

After the war the bodies were exhumed and taken to the Phaleron War Cemetery for Commonwealth casualties near Athens and re-interred - "at which point my uncle was buried mistakenly as a New Zealander".

Alison's family is from Cornwall in England, and her uncle worked in a dairy there

before enlisting in the RAF. His younger sister, Alison's aunt, is still alive and the pair have done a lot of research to piece together what happened to Jim and the rest of the crew.

"I have the photo of Captain Robbie on my desktop, and often wish he could tell me what happened that night," she says.

Alison is keen to hear from anyone with knowledge of relatives of CW Robbie. If any readers have any information, contact *Helensville News* and we will pass it on.



• Pilot Officer C.A. Robbie



• Dafnos village in the rugged Greek mountains



**APPROVED  
WASTEWATER LTD**

Wastewater design  
Tank supply, installation, servicing  
Drainlaying

Phone: 420 9042

69H Mill Rd, Helensville  
info@approvedwastewater.co.nz  
www.approvedwastewater.co.nz

**Chris Penk**  
MP for Helensville

365 Main Road, Huapai

09 412 2496

chris.penkmp@  
parliament.govt.nz  
chrispenk.co.nz

National  
Authorised by Chris  
Penk, 365 Main  
Road, Huapai,  
Auckland.



**CARPET  
LAYING  
& MAT  
EDGING**

Carpet Mat Overlocking

Leesa & Paul Schultz

Ph 420 7441  
Mob 027 200 7864





# Kaukapakapa first to see new book

Visitors to Kaukapakapa Library on Sunday, August 19 will have the first chance to see and buy the latest book by children's author and playwright June Allen, who will be the guest writer at the library from 10am to 2pm.

The book, titled 'Grandma Always Wears Red' - featuring a grandma who loves red, was written with a 97-year-old friend of June's in mind. It will be officially launched at a function in Remuera Gardens two days after June's Kaukapakapa visit.

June decided to write her first children's story just six years ago.

That book, 'The Little Glow Worm Who Couldn't Turn on His Light', has sold more than 1400 copies. The author managed that with little support from mainstream bookshop chains. Instead the book has sold through specialist bookshops, and has been snapped up by libraries and

schools.

It's also available as an e-book for Kindle, but without the illustrations. She has another e-book available too, 'A Childhood at Cairnmore', which has sold internationally and is a memoir of June's cousin's life on a busy New Zealand sheep farm 80 years ago.

Her latest children's book, aimed at three to six-year-olds, follows the adventures of a grandma who is always getting into mischief and needing to be rescued by Fire & Emergency.

The book was being illustrated by Polly Whimp, who has illustrated several earlier books of June's.

June recently came out of

retirement to spend her days writing and publishing children's books.

At one time she lived on Norfolk Island, where she took the opportunity to perform on stage. As a result she was asked to research and write an historical script which became the well-known tourist attraction, 'The Sound and Light Show of Norfolk Island'.

That was the first of many play scripts, some of which have won writing awards in New Zealand.

June has also been a teacher, specialising in reading, and is a qualified school librarian.

Life hasn't always been easy for June. At one stage she was homeless in Auckland with her children in care, a story she recounts in 'I'll Have you Home by Christmas', which was published last year.

June Allen is a life member of Playwrights Association of New Zealand. Her children's books are all printed in New Zealand, and published by her boutique company, Kwizzel Publishing.

• A scene from June Allen's new book

- Illustration: Polly Whimp, Pawprints Illustration & Design



## Library housebound service

Helensville's senior librarian, Anne Coppell, wants to remind locals of the library's housebound service.

This is available for people who are stuck at home either temporarily or long-term, such as when recovering from an operation, and even in cases where people may have small children but no transport.

It gives them the chance to borrow library books and magazines without having to leave home.

Anne says locals interested in the service should contact the library to find out about their options - phone: 420 8163 or email: helenlib@aucklandcouncil.govt.nz.

Carrfields

Livestock

## JASYN YEARBURY

Your livestock representative  
living locally

- ▲ Sale facilities across NZ
- ▲ Forward contracts
- ▲ On-farm clearing sales
- ▲ Dairy service bull plans
- ▲ Live export
- ▲ Livestock valuations
- ▲ Dairy herd marketing & sales
- ▲ Prime stock drafting & marketing

Contact Jasyn:

M: 027 655 6551

H: 420 8857

E: jasyn.yearbury@carrfields.co.nz



KUMEU PLUMBING LTD

Established 1974



plumbing



roofing



solar heating



pump shop



pool & spa



filtration



drainage



woodfires

wetbacks/radiators

Ph 420 9108

156 Main Road, Kumeu info@kpl.co.nz www.kpl.co.nz

IT'S OUR  
**35<sup>th</sup>**  
BIRTHDAY  
CELEBRATE WITH GREAT DEALS INSTORE!

ON NOW!

6 - 19 AUGUST

paperplus

Select

TICKLE YOUR IMAGINATION

64 Commercial Road, Helensville  
E: helenlib@paperpluselect.co.nz

P: 09 420 8646  
www.paperplus.co.nz

## Sellars & Co | Lawyers Helensville Law Office

For all your legal services including:

- Wills & Trusts
- Estate Administration
- Property Relationship Matters
- Refinancing
- Commercial Matters
- Land Subdivision
- Residential, Rural & Commercial Conveyancing



69 Mill Road, Helensville

Ph: 09 420 9324

Email: admin@helensvillelaw.co.nz

## ACCOUNTANT

**UHY** Haines Norton  
Chartered Accountants

- Farm & Lifestyle Block Specialist
- Business Planning & Development
- Financial Analysis

OFFICE

**420 7972**

MARK FOSTER

**021 220 5817**

Office hours 9am - 5pm  
34 Commercial Rd, Helensville  
PO Box 17 Helensville



**We specialise in Sports Injuries**

Proudly  
sponsoring:

- Kaipara College students
- Kaipara Junior Netball players
- Helensville Junior Rugby

**\$15 ACC treatments for the above**

**Now providing specialist  
Cancer Rehab Services:**

- PINC Rehab Individual Programmes
- Next Steps Exercise Classes



### ■ HOURS:

Monday & Wednesday 7am to 7pm  
Tuesday & Thursday 7am to 8pm  
Friday 7am to 5pm  
Saturday 10am to midday

**Ph 420 8899**

10 Commercial Rd, Helensville. [www.physioflex.co.nz](http://www.physioflex.co.nz)

# Music scholarship

A scholarship established by a longstanding member of the South Kaipara musical community, Daphne Stevens, is open for applications.

The realisation of a lifelong dream, Daphne set up the scholarship under the Auckland Foundation last year as a way to support local young musicians.

As well as financial assistance through an annual grant of \$3000, the Daphne Gretta Mary Stevens Community Scholarship also aims to encourage musicians to be involved in South Kaipara community music

activities, as a way of gaining musical development and contributing towards promoting music in the South Kaipara community.

Last year Orewa College student Billie Hart became the inaugural recipient, and



• Daphne Stevens

the accomplished classical and jazz musician has been performing in retirement villages and rest homes throughout the Hibiscus Coast during the year.

"I want to study music at university and start a career as a musician," says Billie. "The scholarship has been an amazing opportunity for me, and given me lots of performing experience, which is a vital part of my musical education. It's a great stepping stone into my studies next year."

While the scholarship is open to all ages, and all genres or styles of music, applicants must focus their musical activities and performances in the Kaipara to Whangaparaoa area. Groups of more than five members, and groups that are a formal part of an institution such as a school, are not eligible to apply.

Born in 1926 in Helensville, Daphne Stevens has been a musical stalwart in the Waitoki community. Since starting her piano

teaching career at the age of just 15, she has been involved in teaching and performing piano for more than 70 years, supporting and encouraging hundreds of local students and musicians.

Her services to music were recognised in July with a Queen's Service Medal (QSM).

While ill-health means Daphne is no longer able to teach, her love of music - and love of learning music - continues through her music scholarship fund, which is administered by the Auckland Foundation.

Applications for the 2019 scholarship are

open until Sunday, September 30, and can be made using the application form on the Auckland Foundation website at <https://aucklandfoundation.org.nz/apply-for-grants>. Completed applications, or any questions about the application process, should be emailed to: [dstevensscholarship@gmail.com](mailto:dstevensscholarship@gmail.com).

## Petition for Commercial Rd seats

Helensville businesswoman Holly Southernwood is running a petition to get support for her to be allowed to put two rustic log seats outside the Helensville Work & Income office, and a log bike stand in front of the bollards at 40 Commercial Road.

The petition is available for signing at Helensville Copy & Print.

## South Kaipara Men's Trust

*Tama Tu Whanau Ora*

*Strengthening  
men and their  
families to help  
build better, safer  
communities.*



10 Awaroa Road, Helensville  
(former Te Awaroa Youth Club building)

P: 027 800 8081

Hours: Monday and Tuesday 10am to 4:30pm

## Helping New Zealanders to do more

**MTF Finance Silverdale** offers personal and business lending. Contact us to learn more.

☎ 09 421 0335 or  
022 FINANCE  
📍 2 Milner Avenue  
[mtf.co.nz/silverdale](http://mtf.co.nz/silverdale)



Terms, conditions and lending criteria apply.



# Ratepayer group future in doubt

Depending on the outcome of a public meeting later this month, the South Kaipara Residents & Ratepayers Association (SKRRA) will either have a new lease on life, or go into recess.

Like many similar local organisations, the association is struggling to attract new, especially younger, members. There are currently only half a dozen members, and some of those have been on the association for decades.

The group will hold a public meeting at the South Head Golf Club at 7pm on Wednesday, August 29.

Says association member Ross Webber: "One of two things will happen. Either we will sign up a new committee, or we will go into recess."

SKRRA, which covers from Parakai right out to the end of South Head, was formed in the 1960s as the Mairerahi Residents & Ratepayers Association, before being given its more inclusive current title.

It has advocated on behalf of ratepayers

on numerous issues, but roading, rubbish, the environment and the area's recreation potential have been its main thrust.

Ross says since the association was formed, the number of families living at South Head has grown from around 50 to about 500 - yet attracting members has become harder and harder.

He believes social media is part of the issue, with people posting opinions on websites like Facebook, rather than bringing them up at an association meeting.

Ross says SKRRA has a very good rapport with Auckland Transport's northern roading manager, and also with Rodney Local Board member Brenda Steele, who attends the bi-monthly meetings. He adds that communication with the local board is a pivotal role of the association.

Another possible option for the association's future would be to amalgamate with either the Shelly Beach or Te Awaroa Residents & Ratepayers Associations, although that's just an idea at this stage.

## medical centre notes

Warfarin is well known to many people as medication for anticoagulation (blood thinning) for a variety of conditions, such as blood clots in the legs (DVT - deep vein thrombosis) or lungs (PE - pulmonary embolus). It's also used when people are at high risk of forming blood clots due to irregular heart beats, such as atrial fibrillation, or have artificial heart valves.

It is monitored with a blood test - INR - to ensure the dose is working at the desired level. This can be irritating for patients as it can mean frequent visits for those blood tests.

In the last few years more options have become available for people needing anticoagulation.

Dabigatran (pradaxa) is the next most common, and is a twice-daily medication. It has advantages over warfarin in that it does not need the INR monitoring blood tests, and has fewer interactions with food and other medication. It is better at stroke prevention than warfarin, but can cause heartburn and its duration of effect is shorter, so if doses are missed the anticoagulation effect drops markedly.

Later in August another drug, called rivoxabarin is also going to be fully funded. We are currently doing an audit for suitable patients on warfarin to be offered the information and chance to change off warfarin, if they wish, to the less intensive monitoring alternatives; they will be contacted to discuss this with their doctor.

Finally, after 14 years with us Selina Halewood has gone on to new ventures on the North Shore. It's a very exciting opportunity for her, and we wish her all the best in her new role, and thank her for wonderful time and efforts during those 14 years with us.

- Dr Phillip Barter, Clinical Director



## HELENSVILLE BOWLING CLUB

38 Awaroa Road, Helensville

● 2017-2018 season has opened

● New players and social members welcome.

● Petanque played, all welcome.  
Contact Ian Baker Ph 027 448 9509

For more information Ph 09 420 8316  
or email: [helensvillebowls@gmail.com](mailto:helensvillebowls@gmail.com)

*'Bowls is not just for Oldies'*



## FORGE FITNESS

24HR GYM

*"Train when you want to"*  
at your local gym

79 Mill Road

**Ph 420 6303**



Follow us on Facebook

[facebook.com/Forge-Fitness-247-Helensville](https://facebook.com/Forge-Fitness-247-Helensville)

## Helensville Online

» The  
Helensville Website

Dash Design  
Ph 420 7215

Your local  
community website

#1 in Google ranking

**[www.helensville.co.nz](http://www.helensville.co.nz)**



Critical Refrigeration  
Services Limited

- Commercial refrigeration specialist
- Dairy refrigeration
- Cool/freezer rooms
- Chilled glycol / water reticulation
- Custom designs
- Install / Repair / Maintain

**Ryan: 021 338 678**

[ryan@criticalrefrigeration.com](mailto:ryan@criticalrefrigeration.com)



**PEST CONTROL:** Home or Business

**WATER FILTRATION:** Installations,  
Replacements & Repairs

**HOME VENTILATION SYSTEMS:**  
Suitable filter replacements

**HEAT PUMP CLEANING:** Heat  
pumps should be cleaned yearly

**CHIMNEY & FLUE CLEANING:**  
Professional clean & no mess

**WATER TANKS:** Cleaning & Repairs

**09 421 0463**

[www.selecthomeservices.co.nz](http://www.selecthomeservices.co.nz)

## KAIPARA CONTRACTORS LTD

YOUR LOCAL **BUILDER**



**STUART HUME**

Experienced & professional  
Full range of building services

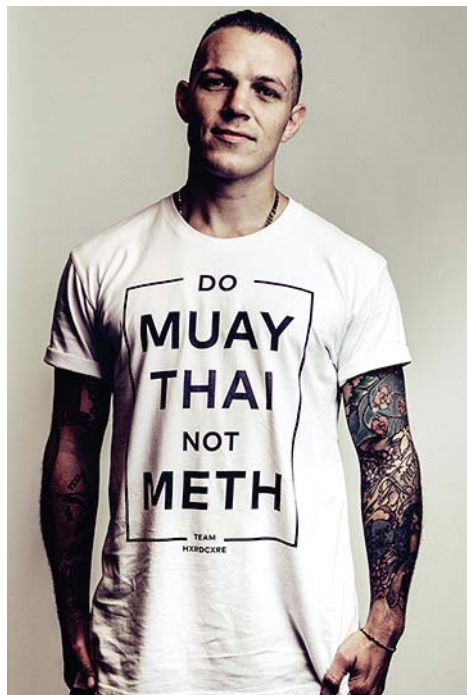
Ph: 420 5782 Mobile: 027 275 2115  
[kaiparacontractors@gmail.com](mailto:kaiparacontractors@gmail.com)

# Hardcore talk on pornography at college

You'd be forgiven for thinking Richie Hardcore (below) lives up to his name as a tough-talking, even tougher-fighting bloke.

At first glance he is that. He's heavily tattooed and his physique still holds true to his 20 years spent as a Muay Thai and martial arts champion.

In reality though, the only fighting he



does now is with a microphone on stages in school halls and conference venues around the country.

His topic of choice is one most of us don't want to talk about - certainly not parents with their teens.

He speaks openly and empathetically about pornography, modern masculinity and mental health, and will be delivering his message to Kaipara College parents, teachers and students later this month.

Te Rito Rodney Family Violence Network is bringing Richie Hardcore to the college to give parents a reality check on what their teens are watching, and to talk to students about what healthy relationships should look like.

Richie encourages parents to understand the porn teenagers are watching is nothing like the risqué magazines they may have seen in their youth.

He says: "online pornography is commonplace, but what they're looking at is typified by sexist and abusive language and the sexualisation of aggression by men against women, and many teens are developing real issues as a result of thinking the porn they're watching is what sex should be."

He invites parents to come to the evening presentation to get some ideas on how to have those tricky conversations because, he says: "the most important thing is to talk not at our teens, but with them."

"It isn't as heavy and serious as it may sound," he says. "Our goal is to shed some light on this topic but in an accessible way, so we'll have some light-hearted role play too."

Te Rito Rodney Family Violence Network's Murray Brett says they've made sure to have input from community social workers, as well as counsellors and teachers from Kaipara College, "because while we know this might be a difficult subject for some, we think it's a really important discussion all communities need to have."

## End of Parakai market

The South Kaipara Harvest & Artisan Market, a regular monthly event at Parakai, is no more.

Amy Wood, event manager for the Helensville District Health Trust, says the trust "has made the difficult decision not to continue the markets".

The market was put on hiatus at the start of winter, and in that time it's undergone a thorough review, including a survey of stallholders and the public, says Amy.

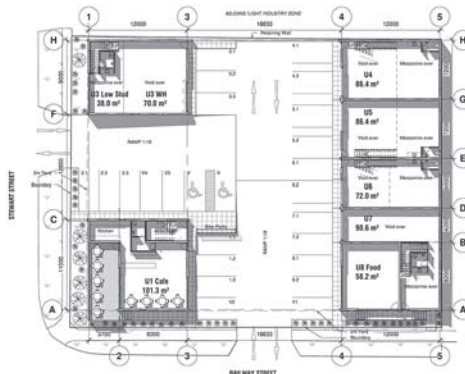
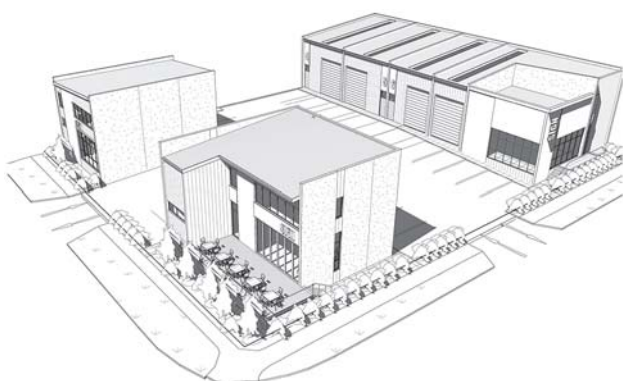
"The Trust has recently revised its strategic direction to focus on the best health outcomes for the people of South Kaipara, and the market is no longer a core part of that vision."

She says if anyone else in the community would like to take over running of the market the Trust would be happy to offer Te Whare Oranga o Parakai as a venue for hire.

## For Sale

From \$395,000 + GST (if any)

## Nai Harcourts



## Exciting Boutique Industrial Development For Sale

To be built in Helensville town centre on SH16, corner Railway and Stewart Streets.

- 5 high-stud warehouses
- 2 road-front retail shops
- 1 professional office
- Excellent parking
- High exposure site

Call the sole agents now to discuss.

**View:** [www.naiharcourts.co.nz/nsc27969](http://www.naiharcourts.co.nz/nsc27969)

**Geoff Thorne**

**M 027 490 3063 P 09 486 9226**

[geoff.thorne@naiharcourts.co.nz](mailto:geoff.thorne@naiharcourts.co.nz)

**Rene Geertshuis**

**M 022 199 1019 P 09 486 9206**

[rene.geertshuis@naiharcourts.co.nz](mailto:rene.geertshuis@naiharcourts.co.nz)

Cooper & Co Real Estate Ltd Licensed REAA 2008



# Teen wins leadership award

Helensville teenager Charlie-May Hemana (16) has won the ultimate prize of 'Overall Excellence Award' (top student) at the recent Blue Light Leadership Course held at Wairakei, Taupo.

She beat a strong group of young people from around the North Island to take the prize on the week-long residential course.

Blue Light camp co-ordinator Ben Pollard says: "Charlie-May was presented the award of 'Overall Top Student' as camp staff felt that she had shown maturity, intuition, excelled as a team member, displayed positive qualities of leadership, and was respectful towards staff and fellow course members.

"Most of all Charlie-May really exemplified the qualities and attitudes the course aims to instil."

The program is run by New Zealand Blue Light in partnership with the NZ Police and NZ Defence Force. It provides 14 to 17 year olds with a residential-based course delivering quality life-skills and focusing on leadership skills and training. The program specialises in building self-respect, respect for others, working within boundaries, self-care, team

work, and problem solving.

For more information about the Blue Light Life Skills Camps visit [www.bluelight.co.nz](http://www.bluelight.co.nz) or phone (09) 475 9301.



• Charlie-May (right) receiving her award from programme coordinator Ben Pollard

## Final winter lecture on Russell family

The arrival in New Zealand of the early Helensville settler family the Russells was the topic for the Helensville and District Historical Society's final Winter Lecture in July. The speaker was former Helensville resident Bruce Shanks.

On Saturday, June 14, 1842 David Russell (32), Elizabeth (34) and their children Elizabeth (10), John (8), and David (3) were among 255 settlers who sailed for 16 weeks from Greenock, Scotland aboard the barque 'Jane Gifford' for their new home in Auckland under a free passage scheme backed by the Church of Scotland and under the auspices of a British government appointed officer.

Prospects in the young city were grim for the new colonists. David found work helping form Shortland Crescent (now street). The

family home was a raupo hut in Mechanics Bay. By the 1843 Auckland Police census the family had grown with the birth of William Adam Russell.

The following year the family moved to a proper home in Freeman's Bay, and a daughter, who later died, was born. The family lived there until 1858, David working as a carpenter.

They next moved to Taupaki and then settled at Helensville, where they farmed.

More information on the Russell family is available at Helensville Museum, which has the lecture and slideshow on videotape.

One notable descendant was granddaughter Elizabeth. Born in 1849 she was an ardent supporter for the women's vote, and is pictured on the memorial wall outside the Auckland Library.

## Carpet & Upholstery Cleaning Services

Hot Wet Vac  
pre-treatment  
deodorising



027 200 5456

[curtisdavies@xtra.co.nz](mailto:curtisdavies@xtra.co.nz)  
87 Commercial Rd, Helensville

Building Platforms • Utility Trenches •  
Ponds • Drainage • Drilling •  
Aggregate Supply • Tip Trucks •  
Excavators • Bobcat with Attachments



## DRIVEWAY REPAIRS & RE-SURFACING

Call us for a FREE quote  
**0800 4SWALE** **SWALE EARTHMOVERS**  
or 09 420 8352. 103 Mill Road Helensville

**EDC**  
ENGINEERING DESIGN  
CONSULTANTS

Sub-division Specialist  
Contact us on 09 451 9044 or [team@edc.co.nz](mailto:team@edc.co.nz)  
[www.edc.co.nz](http://www.edc.co.nz)

## WHY PAY MORE....?

Let us help you put more  
money in your back pocket

**2.9%**  
COMMISSION  
to \$500,000, then 2% thereafter + GST

- FREE Marketing  
\* T&C's apply
- FREE Appraisals

**BURMESTER REALTY**

Licensed under the REAA 2008

Bringing you 85 years of Real Estate Experience



Celebrating 27 years' service to the Community

**Citizens Advice Bureau Helensville invites you to attend this year's Annual General Meeting.**

- **DATE:** Wednesday 22nd, August 2018
- **TIME:** 10:00am – 11:30am
- **VENUE:** Kaipara Memorial RSA  
(49 Commercial Road, Helensville)  
manager.helensville@cab.org.nz
- **RSVP:** (09) 420 7162

**Sunny Days**

Helensville Community Preschool Inc

**Childcare for children  
6 weeks to 6 years of age  
OPEN 7.30am to 5.30pm**

- Qualified, nurturing teachers
- Great literacy & learning resources
- Get ready for school programme
- Covered outdoors area
- Separate under-2s room
- 20 hours ECE subsidy

**Session Times\*** ■ 8:30am to 3:30pm  
■ 7:30am to 5:30pm  
(all children) ■ ½ day sessions for under 2s

\* Can be flexible if required

**130 Commercial Rd, Helensville  
Ph: 09 420 7253**

[www.sunnydayspreschool.co.nz](http://www.sunnydayspreschool.co.nz)

**BLASTALOT**

[www.blastalot.co.nz](http://www.blastalot.co.nz)

**Sandblasting**

**Using the latest technology  
(vapour blasting) results in  
an almost dust-free process.**

We can clean & refurbish a wide range of hard surfaces, including metal, wood and concrete. Ideal to strip machinery for repainting.

We do welding & repairs too!

Drop off in Helensville or we can come to you with our mobile unit.

**Ph Tom: 021 274 4523  
email: info@blastalot.co.nz**

## Switch from science to finance

Perhaps it's the desire for discovery or the unravelling of a mystery that drives the Helensville District Health Trust's new financial manager, because for many years Pippa Baker was a scientist.

She's qualified in clinical biochemistry and microbiology. She worked in diabetes research for a biotech startup, but then decided on a career reset, retraining as a chartered accountant and swapping petrie-dishes for pie-charts.

The Kumeu local joined the Helensville District Health Trust in April after four years' audit experience in her previous job.

"I am a problem solver, and this role lets me take a really analytical approach to unpack the data, work out where the risks are, and come up with quality solutions."

As well as doing the books for the Health Trust, she also oversees its Financial Hub. She and finance officer Liz McCracken manage the finances for the Health Trust's other entities, the Helensville Birthing Centre and Kaipara Medical Centre.

Health Trust business manager Nicola



• Pippa Baker

Keen-Biggelaar says now Pippa has found her feet in the job she can also offer her expertise to other community groups who use the Financial Hub's services.

"The Health Trust is really proud of the model we've developed where we offer the expertise and skills of our Financial Hub team to support the likes of the Helensville Women and Family Centre, the South Kaipara Men's Trust and ParentAid, with things from monthly reporting, to payroll and financial policy."

Pippa agrees, saying she sees the role as not only ensuring those community groups have financial accountability, but in training those who don't have as much confidence in the financial areas of their organisations.

"If we can use our skills to help those other organisations doing vital work in our community to keep healthy books

then it's of benefit to us all," says Pippa.

When she's not working she focuses on her own health and well-being through cooking, reading and travel, and her other great love, horses.

## Big trash haul from riverside cleanup



These 28 Year 7 and 8 Helensville Primary School students recently took part in a major cleanup of the Helensville riverside walkway as part of a 'Plastic: Yay or Nay' study and deciding to make a practical impact on the community.

Along with teacher Nicole Stokes and six parents, the children collected just over 1.5cu.m. of trash, which was taken to the Helensville Recycling Centre.

Students Ashleigh and Kayla say they were shocked by what they found, and some of the rubbish was in such tricky places the children had to be lowered down the banks on ropes to retrieve it. They filled three large wheelie bins, five small recycling bins, and four black rubbish bags with trash. Teacher Nicole says "the students were devastated" by the amount of polystyrene they found, which unfortunately can't be recycled.

The students also volunteered at the Helensville Recycling Centre where they used sewing machines to make cloth bags for the community initiative 'Plastic Bag Free Helensville', sorted the rubbish into colours and types, and made big bales of plastic and cardboard with the crushing machine.



# making the difference

Is there someone special who has done something that's made a difference for you, your family or our town? To nominate someone, write to: Nicky Horsbrough, Harcourts Helensville, 37 Commercial Road, Helensville 0800 or fill out the form online at: <http://nickyhorsbrough.harcourts.co.nz>. The lucky recipient will receive a \$100 voucher for a local business of their choice.

Our August recipient is Tina Norton (pictured below with son Riley, aged 7), who has chosen a \$100 voucher for use at Countdown Helensville.

Tina was nominated by Julie James, who says:

"Tina has been my friend for about 12 years, she is always there for support, advice and even money for me and my family.

"She is the kindest, most generous person I know, and even though she struggles herself, I know she's always ready to help and would give me her last cent if I needed it!"



## Helensville Birthing Centre

TE PUNA WHANAU K I TE AWAROA

Helensville Birthing Centre is your local community facility. It provides a free service for women who choose to give birth in a low-tech environment. Alternatively, women who give birth in hospital can then transfer to us for the opportunity to rest and establish breastfeeding.

You are welcome to call in and have a look around, or browse our facilities online.

53 – 65 Commercial Road, Helensville

Ph: (09) 420 8747

Email: [bookings@helensvillebirthingcentre.co.nz](mailto:bookings@helensvillebirthingcentre.co.nz)

[www.birthingcentre.co.nz](http://www.birthingcentre.co.nz)



Putting local health first • Te hau ora tua-tahi o awaroa

## Healthy Helensville

Our vision: The best possible health services for people in South Kaipara

### Caring for mama and baby

There's a big focus on healthy living for new mums and their bubs this month.

Pregnant women and those with tamariki under four years old are invited to take part in the five week Healthy Mama course at Te Whare Oranga ō Parakai which starts Tuesday 7 August. Over the five weeks you'll learn about healthy kai — how to shop for it and how to cook safely, as well as giving new exercises a

go. Places are limited, so register now by emailing [marama.pairama@tehaoranga.co.nz](mailto:marama.pairama@tehaoranga.co.nz).

And still with exercise, personal trainer Kirstyn Campbell from KC Fit will be delivering a talk on safe ways to get back into fitness after baby at the Helensville Birthing Centre Coffee Group's regular morning session on Wednesday 22 August at Te Whare Oranga ō Parakai.



Healthy Mama course this month at Te Whare Oranga ō Parakai.

### Save the date



The Helensville District Health Trust is pleased to be hosting a Pink Ribbon High Tea on Sunday 30 September at Te Whare Oranga ō Parakai. Guests will be treated to a delicious array of savoury and sweet snacks and hear from a variety of speakers to launch Breast Cancer Awareness Month. Tickets on sale soon.

### Hear this!



If you're Māori with a hearing impairment and unable to afford a hearing aid then a new weekly hearing clinic could set you on the path to better hearing.

Hearing Auckland is holding weekly clinics at Te Whare Oranga ō Parakai. If you fit the criteria they'll provide a free full hearing service and if required free hearing aids. Appointments are a must and there are strict criteria for eligibility.

For more information contact Hearing Auckland (09) 524 9847 and they will talk you through the criteria and direct you to a Hearing Pathfinder based in Helensville.

# Curry Leaf

Indian Restaurant & Takeaway  
FULLY LICENSED & BYO WINE ONLY

**DINE IN & TAKEAWAY**

**FREE HOME DELIVERY 6 DAYS**

(within 10km, 5.30pm - 9.30pm, min order \$40-50. We accept Eftpos & Credit Cards)

*Max Bisht, owner of Curry Leaf for 13 years*



**LUNCH - Wed-Sat, 11.30am - 2.30pm**

**DINNER - Tue-Sun, 4.30pm - 10pm**

**Ph 0800 123 567**  
**09 420 9989**

**12 Commercial Rd, Helensville**

**[www.curryleafhelensville.co.nz](http://www.curryleafhelensville.co.nz)**

**OPEN  
6 DAYS**

## WELCOME TO THE TEAM TRACY POTTER

PROPERTY MANAGER

P 09 420 7412 | M 021 113 1065

[rentals.helensville@harcourts.co.nz](mailto:rentals.helensville@harcourts.co.nz)

*Tracy comes to Harcourts with  
a wealth of experience and she  
looks forward to meeting you.*

Phone: 09 420 7412  
37 Commercial Road,  
Helensville 0800  
Tandem Realty West Limited  
Licensed Agent REAA 2008

**Harcourts**

## Trivial Pursuits evening

Helensville Historical Society's annual Trivial Pursuit evening will be held in the Helensville War Memorial Hall on Friday, August 17, with all funds raised from the event going towards a new home for the museum's recently acquired McCormick Deering tractor shovel.

Doors open at 7pm and the competition starts at 7.30pm. The cost is \$10 per person, with a maximum of 10 per team. BYO drinks and nibbles.

This year there will be several themed question rounds, with the remainder general knowledge. Teams can play a joker in any round, and one answer per round can be bought for \$2.

There will prizes for the winning team, spot prizes, and a raffle. A light supper with tea and coffee will be served at the intermission.

Contact Lynn, phone 420 7881 or email: [helensvillemuseum@xtra.co.nz](mailto:helensvillemuseum@xtra.co.nz) to book a table.

## from the frontline

The interest in owning and operating a Remotely Piloted Aircraft System (RPAS) also known as a Drone or UAV has become more common, and as technology advances they are now more accessible and less expensive to buy. That's great for enthusiasts and novices alike.

However there are safety concerns and risks around the use and flying of drones, and the Civil Aviation Authority (CAA) has rules for operating them. There are 12 key things that are required when operating an RPAS. You must:

- Not operate an aircraft that is 25 kg or larger, and always ensure it is safe to operate;
- At all times take all practicable steps to minimize hazards to people, property and other aircraft (ie don't do anything hazardous);
- Fly only in daylight;
- Give way to all crewed aircraft;
- Be able to see the aircraft with your own eyes (ie not through binoculars, a monitor, or smartphone) to ensure separation from other aircraft (or use an observer in certain cases);
- Not fly your aircraft higher than 120 metres above ground level (unless certain conditions are met);
- Have knowledge of airspace restrictions that apply in the area you want to operate;
- Not fly closer than 4km from any aerodrome (unless certain conditions are met);
- When flying in controlled airspace, obtain an air traffic control clearance issued by Airways;
- Not fly in special-use airspace without the permission of the administering authority of the area (eg, military operating areas or restricted areas);
- Have consent from anyone you want to fly above;
- Have the consent of the property owner or person in charge of the area you are wanting to fly above.

RPAS can be flown in most public parks in the Auckland region without a permit, however there are exceptions to this.

A drone cannot be flown in cemeteries, designated dog exercise areas, Auckland Botanic Gardens, Auckland Zoo, Mt Smart Stadium, QBE Stadium, or Western Springs, Aotea Square or Cornwall Park. For more information about flying drones in public refer to the Auckland Council website or phone them on 09 301 0101.

If you are wanting to fly your RPAS over a road, footpath, berm, or any other property that belongs to Auckland Transport, you must submit a Non-Excavation Corridor Access Request (NECAR) before you do. For further information refer to the Auckland Transport website.

If you see a RPAS and believe it is being used in a dangerous manner or in the commission of a criminal offence you need to call police immediately on 111. In all other cases where the operator of the RPAS is in breach of the rules above it will be dealt with by the CAA, who you can call on 0508 472 338 or email: [isi@caa.govt.nz](mailto:isi@caa.govt.nz).

- Mandi Bell, Community Constable





# Wide variety of visits to retirement home

Residents at Craigweil House in Parakai can't complain about the variety of visitors they get - in the last few weeks they have been as varied as a school kapa haka group and a miniature horse.

First up were Woodhill School students who performed kapa haka items, showcasing Māori song and dance before mingling with the residents, who were happy to share some of their lifetime

stories.

Research shows that relationships between the elderly and the young can be positive for the well-being of both groups.

Visits by animals are also known to be beneficial, so a visit by miniature horse Bandit and owner AJ Nash, of Helensville, went down a treat.

AJ used to work at Craigweil House, and her mother lives there.

Everyone loved spending the day with Bandit, who visited residents in all three wings - the rest home, hospital and dementia unit.



• Woodhill School students perform a kapa haka item for residents at Craigweil House



• Bryan McLeod, aged 91, gets a visit from miniature horse Bandit and his owner AJ Nash

## HELENSVILLE DIRECTORY 2019

The Helensville Lions Community Phone Directory has all the local phone numbers you might want in Helensville, Parakai, Kaukapakapa, Shelly Beach, Waitoki and the surrounding districts.



Helensville Lions have produced the directory for the last 30 years. Proceeds from advertising support community projects such as Rautawhiri Park, the Kaipara Medical Centre, school camps, and sporting scholarships.

We want to continue producing our local Helensville Directory - but we can only include your details if we have your permission. Your information will ONLY be used for the phone directory.

Please either complete the form below and drop it off at Helensville Library or Post it to: FREEPOST 254949, PO Box 74, Helensville 0840, or Email your details to us at: [helensvilledirectory@gmail.com](mailto:helensvilledirectory@gmail.com).

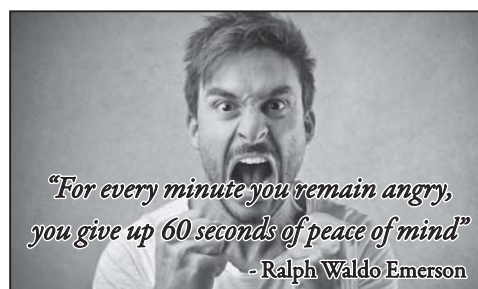


Surname	Initials or Names
Address	Suburb
Phone Number	Mobile
Email	

## REAL TO HEAL

**DON'T MISS THIS UNIQUE OPPORTUNITY**

A non-threatening interactive group program to aid emotional well-being, dealing with anger, grief, fear, and more.



*"For every minute you remain angry, you give up 60 seconds of peace of mind"*  
- Ralph Waldo Emerson

- Where: Kaipara College, Helensville
- When: Tuesdays for six weeks from October 2 to November 6, 7-9pm
- Cost: \$30 for 6-week course

Bookings are essential and open on September 1.  
Places are limited.

Phone 09 420 6422

Facilitator: Dr Elizabeth Eliot Ostring, MB ChB, MMin, PhD

# Age no barrier to exhibiting art

Exhibitors at Art Kaipara's Members' Exhibition at the Helensville Art Centre in September prove age is no barrier to creating art.

Members range in age from 14-year-old Grace O'Brien through to 93-year-old Betty Bullingham (pictured below), proof the group caters for all ages and abilities; other members include internationally recognised corrugated iron sculptor Jeff Thomson and residents of the Mt Tabor Community.

Non-members wanting to show works in the exhibition can simply join Art Kaipara when they bring their works in. Membership costs just \$20 (\$10 for those 16 and under) and means no exhibitor fees or commission on sales.

Artworks should be delivered to the Art Centre on Saturday, August 25 between 10am and 2pm, or on Tuesday, August 28 from 10am to 4.30pm.

On this month at the Art Centre is the annual '3 for All' exhibition. Always a diverse exhibition, previous exhibits have included crystallized skulls from Abby Pearl, up-cycled lamps by Paul Donaldson, and up-cycled crockery from Tracey Roberts.

October will see a new exhibition called

'Take a Letter', a concept devised by Helensville's Jeff Thomson and Murray Silverstone.

The idea is to create artworks which are, or suggest, a letter from the alphabet. These can be a painting, print, sculpture, drawing, photograph, or even a found object.

Art Centre co-ordinator Pauline Denton says letters and words are often used in art, including by such noted New Zealand artists

such as Colin McCahon, Ralph Hotere, Michael Parakowhai and Rita Angus.

There is no restriction on size or shape for entries - letter artworks can be as small as a postage stamp or as big as a

car bonnet - they just have to fit through the gallery doors!

Entries in the exhibition will cost \$5 per art work, which should be delivered to the Art Centre between 10am and 2pm on Saturday, September 28 or from 10am to 4.30pm on Tuesday, October 2.

For more information email Jeff Thomson at: [jefshone@iprolink.co.nz](mailto:jefshone@iprolink.co.nz) or contact Pauline on 021 158 6859 or email: [coordinator@artcentrehelensville.org.nz](mailto:coordinator@artcentrehelensville.org.nz).

The exhibition opens Friday, October 5 at 5pm and runs until October 27.



## Mud Challenge

The 16th annual Auckland Tough Guy and Gal Challenge will be held again in Helensville later this month.

The extreme mud run event moved to a farm adjacent to Rautawhiri Park last year, a venue which will again host this year's race.

Known for its wide variety of obstacles and endless mud, the course includes swamp crossings, a spider's web net climb, crawling under barbed wire, native bush trails, tunnels, hurdles, and a climbing frame. It incorporates three different age groups.

First up is the Secondary School Tough Guy and Gal Challenge, held on Thursday, August 23 and Friday, August 24 and featuring both 6km and 12km options. Students participating in the secondary schools event can gain NCEA credits.

The Tough Guy and Gal Challenge for adults is held the following weekend, Saturday, August 25 and Sunday, August 26, and also lets competitors choose from 6km or 12km courses.

A Junior Tough Guy and Gal Challenge will be held on Monday, August 27 and Tuesday, August 28. The race consists of a 1.5km 'Ankle Biters' class for years 3 to 4 children, and a 3km 'Little Nippers' class for years 5 to 6 and a 'Big Rascals' class for years 7 to 8.

The races attract up to 1100 competitors each day, and last year nationwide raised more than \$58,000 for official charity Cure Kids.

# Farewell to 102-year-old resident

**Eva Robinson**  
24/5/1916 – 18/6/18

Long standing local resident Queenie Eva Pearl Robinson passed away recently aged 102.

Known as Eva, she was the fourth child of 14 born to Percy and Queenie Drinnan of Kahikatea Flat Road, Kaukapakapa. One child died in infancy, and the rest became known as the Drinnan 13.

Eva attended school first at Kaukapakapa, then moved to Waitoki when it opened. She left school very early to help her mother with the younger children. One brother recalls that when they left for school on wash day she would have already started the washing, and when they returned from

school at the end of the day she would still be hanging it out.

When Eva was able to leave home, she became a nanny for a doctor and his children. She then went on to Paparoa to look after a farming couple's children. She became very homesick and returned to this

area, working at Hinemoa House in Parakai.

There, she met local lad Ray Robinson. They later married and had three children, Audrey, Percy and Dorothy. Percy died during a meningitis epidemic at just under two years of age, and Dorothy passed away 16 years ago – both losses which were devastating for Eva.

Eva was a hard worker. Over many years she worked at the three hotels in Helensville as a cook

and house maid. She also worked at the hot pools, for a dairy takeaway bar, at Ricardo Restaurant, and selling tickets at the Regent cinema.

Later, along with many other local women, she travelled to Henderson each day to work at the Caxton Paper Mill. Finally, she got her dream job at the Izona Jeans Factory as a clipper and packer. She loved it as it was easier work and no travelling. She had to leave that job to care for Ray when he became ill, nursing him for many years until 1982.

She lived on her own for 30 years, then in 2016 moved to Craigweil House in Parakai.

Eva was a great bowler, both indoors and out. She enjoyed bingo, played a mean game of 500, and loved rugby. She was known for running the side lines watching grandchildren and then onto seniors, always blaming the referee if Helensville lost the match.

Her 100th birthday in May 2016 was celebrated and shared with 100 relatives and friends. She loved receiving cards from the Queen and John Key amongst others.

She attended the first great grandchildren's weddings earlier this year, having a great time at both. She was known as Old Nana by the great grandchildren.



• Eva Robinson



# local board matters

Much of what Auckland Council does is defined by central government decisions which drive and regulate the services and infrastructure we deliver.

In June the government released its National Policy Statement on transport, which signalled a pivot towards road safety and public transport. That decision shaped Council's Regional Land Transport Plan, because to achieve maximum government subsidies for its projects, it needed to align with the transport agency's direction.

The change in government direction and subsequent change in focus of Auckland Transport and NZTA, the government agency responsible for State Highways, has worked in Rodney's favour.

Auckland Transport's independence from political interference means it works on prioritising its budget on areas of need.

Rodney has the highest road death and serious injury statistics in Auckland – and these have got worse

over the last few years. This was behind the government's decision in 2017 to approve the Safe Roads Alliance's \$70 million project which will transform SH16 from Brigham Creek to Waimauku. NZTA also has a program of safety improvements along SH16 to Wellsford.

Auckland Transport has allocated more money to Rural Road Safety improvements, and a significant increase in the road sealing budget. This will see welcome improvements to our roads.

Public transport is a major beneficiary of the new direction. We don't have much of it in Rodney, but demand will grow as traffic inevitably worsens on the motorways.

The proposal for light rail to Kumeu could be described as in 'gestation'. It's a partially-funded idea, not a reality.

AT's studies show a busway along SH16, like the one on the North Shore, would be quicker and cheaper to build. Rail to Huapai seems to have disappeared off the radar of the government, which will ultimately be paying the biggest share of upgrades to

make it work. All of these things have vague start dates past council and general election cycles that make them subject to political change.

Rodney Local Board is well aware the scale of transport infrastructure needed across Auckland, and the billions of dollars required to build it, mean any solution for the North West could be a decade away – and residents are clear they don't want to wait that long.

We have an increased discretionary transport budget of \$1 million per annum, and along with the targeted transport rate there is now a 'Rodney Transport Fund' of

*"Auckland Transport has allocated more money to Rural Road Safety improvements, and a significant increase in the road sealing budget. This will see welcome improvements to our roads."*

\$56 million. That gives the Local Board an unprecedented budget that is purely for the benefit of Rodney.

Obviously, we want to leverage this money

to attract government subsidies, and have started work with Auckland Transport planning a park'n'ride for Kumeu and bus services which will link Huapai and Riverhead to the CBD and Albany.

There is also work being done on a service linking Helensville and Kaukapakapa to Silverdale.

Your Local Board has quietly worked behind the scenes on evidence-based solutions to our issues. This requires a lot of effort and is not the easy route, but we believe it is the one that will best serve Rodney. Our goal is to cement-in long term gains for our region, which requires a collaborative approach that builds trust and confidence in the Local Board as a partner with councillors and the Mayor (regardless of who that is), who ultimately decide how funds are allocated across Auckland.

If you want to contact me about council matters I can be reached on 021 837 167 or [phelan.pirrie@aucklandcouncil.govt.nz](mailto:phelan.pirrie@aucklandcouncil.govt.nz).

- Phelan Pirrie

Deputy Chair, Rodney Local Board



Come and try your friendly local motorcycle workshop. We service/repair quads, dirt and road bikes - plus we have parts and accessories.



Pickups and drop-offs available.

Ph: 4207754 or 027 474 7441  
e: [sevice@helensvillemotorcycles.co.nz](mailto:sevice@helensvillemotorcycles.co.nz)



**dizzy heights**  
TREE SERVICES

**Dion Mayes**  
Qualified Arborist

All tree work • Pruning  
Hedges • Council Approved  
Full Insurance • Tree Felling  
Tree Chipping Service

**Difficult Trees a Specialty**

**FREE QUOTES**

0800 349994  
0800 DIZZYH  
021 527219 / 09 4205352



Landscape Design / Construction / Maintenance  
Water Features / Lighting / Irrigation  
Retaining Walls / Decks / Fencing / Pergolas  
Planting / Plant Supply  
Concrete / Stonework / Paving

[info@creatingnaturelandscapes.nz](mailto:info@creatingnaturelandscapes.nz)  
[www.creatingnaturelandscapes.nz](http://www.creatingnaturelandscapes.nz)  
Call Ben 021 285 4469 / 09 947 4298

**JOHN OSBORNE NDAT(ARCH)**  
ARCHITECTURAL DESIGNER  
OVER 20 YEARS BUILDING EXPERIENCE  
COMPLETE DESIGN SERVICE  
FOR FREE CONSULTATION  
0274 946 950 09 420 5375

## Kaukapakapa Drainage

- Septic Tank Systems
- Drainage
- Truck & Digger Hire
- Pile Drilling
- Drain Unblocking

*Reasonable Rates*  
*Over 35 Years Experience*

Phone/Fax: 420 4149  
Mobile: 021 926 301  
Email: [gary@kdrainage.nz](mailto:gary@kdrainage.nz)

**VISION**  
LANDSCAPES

**One Contractor  
For All Your Needs**

Geoffrey Sawyers  
0274 817 478 420 8738  
Email: [visionlandscapes@xtra.co.nz](mailto:visionlandscapes@xtra.co.nz)  
[www.visionlandscapes.co.nz](http://www.visionlandscapes.co.nz)

## community titbits from town and around

### ■ ART WORKSHOPS

Artist Jo Bain will hold a mixed media painting workshop for adults at Helensville Art Centre on Saturday, August 18 from 10.30am to 12.30pm. The cost is \$20.

Participants will create a textured surface with collage, layering this with paint and other mediums such as shellac, ink, and pastel to finish a painting in the workshop.

Bookings are essential. Contact Pauline

## A&P Winter Series Part 2

The second of Helensville A&P Show's new Winter Series of events is on Sunday, August 26.

This month the family-friendly competition is for knitting and crochet, with three classes on offer - Baby Blanket, Fashion Scarf, and Any Article in wool or acrylic.

There will be prize money in each class of \$15 for first place, \$10 for second, and \$5 for third. Entries, which cost \$3 each, should be dropped off at the showgrounds on the day between 9am and 10am. Judging will begin around 10.15am and results will be known an hour later.

The competition kicked off in July with baking. In September there will be three classes for painting, one each for oils, acrylics and watercolours, plus a children's class in any medium.

The final competition of the series will be photography in October, with classes for Action, Workmates, and Animals, as well as a 'Me and My Pet Selfie' class for children.

For more information phone Julie Croft on 420 7941, or Rick Croft on 027 492 0345.

on 021 158 6859 or email her at: [coordinator@artcentrehelensville.org.nz](mailto:coordinator@artcentrehelensville.org.nz).

A mixed media workshop for children will run on Saturday, September 1 and follow the same format.

### ■ KAUKAPAKAPA MARKET

The next Kaukapakapa market on Sunday, August 19 from 8.30am to 1pm will feature live music from Jessica on the keyboard. She will perform from 10am to midday.

Stalls will include hand-made goods, locally grown fruit and vegetables, used items, and freshly baked cakes, bread, and donuts. More food will be on offer at the market café, plus barista coffee and the Helensville Lions sausage sizzle.

To keep youngsters occupied there will be free face painting between 10am and midday, and a craft table.

For more information or to book a stall contact Sarah on 0274 831 542, email: [sarah1@maxnet.co.nz](mailto:sarah1@maxnet.co.nz), or visit the market's Facebook page.

### ■ HELENSVILLE AGLOW

Helensville Aglow will next meet at 7.30pm on Friday, September 7 at the Helensville Community Church, 40 Mill Rd. Kaylene Subritsky from Dove Ministries will be the guest speaker. Email: [yvonne@hello.net.nz](mailto:yvonne@hello.net.nz) for more information.

## Environment grants

Applications for Auckland Council's 2018/2019 Regional Environment and Natural Heritage grants programme close on Friday, August 31.

Funding is available to individuals, groups and organisations for environmental projects valued between \$5000 and \$40,000.

For full details visit Auckland Council's OurAuckland website at: <https://goo.gl/zMY2qz>.

## trade & classifieds

### ■ Helensville Glass

24 hour service. Free measure and quote.  
Ph: 420 8210

## Helensville News - Publication Information

### ■ SEPTEMBER 2018 deadline: Tuesday, 21st August 2018

ISSUE DUE OUT TUESDAY, SEPTEMBER 4th 2018

#### Editorial Enquiries, Letters to the Editor and Advertising:

Dave Addison - Ph: 420 7215 • Mobile: 021 178 5568 • Email: [dave@helensvillenews.co.nz](mailto:dave@helensvillenews.co.nz)

#### Free Subscriptions to Online Edition:

Email: [subscribe@helensvillenews.co.nz](mailto:subscribe@helensvillenews.co.nz)

#### 2018 issue dates and deadlines:

Due out: Sept 4th	Copy by: Aug 21st	Due out: Nov 6th	Copy by: Oct 23rd
Due out: Oct 2nd	Copy by: Sept 14th	Due out: Dec 11th	Copy by: Nov 27th

**Editorial:** Ph 420 7215. **Editor & Publisher:** Dave Addison, Helensville News (2011) Ltd, 502 Fordyce Rd, RD1, Helensville 0874.

**Design, Subediting & Layout:** Dash Design, 420 7215. **Printing:** Rob McCorkindale, Print Matters, 0274 740 657.

**Copyright:** No material in this newspaper may be copied or reproduced without the publisher's permission.

**Disclaimer:** Every effort has been made to ensure the accuracy of information in this newspaper, but the editor and publisher accepts no responsibility for any errors or omissions.

**Letters to the Editor:** Should be kept to around 250 words and may be edited as space dictates.



[www.facebook.com/helensvillenews](http://www.facebook.com/helensvillenews)

■ [www.helensvillenews.co.nz](http://www.helensvillenews.co.nz)

## HELENSVILLE DRAINAGE & WASTEWATER SERVICES

- Registered Drainlayers
- 1.5 & 3.5 tonne Digger Hire
- Tip Truck Hire
- Urban & Rural Drainage
- Footings & Power Trenches
- Septic Tanks
- Innoflow Septic Installer

Phone: 420 9091 Mob: 021 657 276

Email: [hivdrainage@xtra.co.nz](mailto:hivdrainage@xtra.co.nz)

86 Mill Road, Helensville



Quality auto service and  
repair at country prices



WOFs - Brakes - Suspension

**90 Mill Rd, Helensville**  
**Phone 420 8177**



**MOBILE**  
**0274 924 494**



## Full Mobile Service

Specialists in Auto Electrical & Air Conditioning  
Servicing Vehicles, Heavy Machinery,  
Farm Equipment & Marine

Workshop Parts Accessories

Ph 09 420 8181

Mob 021 689 700

