Helensville News

Issue 192 September 2016

5000 copies delivered monthly to Helensville, Parakai, Kaukapakapa, Waitoki, Wainui, Woodhill, South Head and Shelly Beach

90 years no barrier to day's work

He might be 90 years old, but Helensville's Ken Purchase still believes in putting in a full day's work.

Ken divides his time between the Helensville Community Recycling Centre in Mill Road, where he volunteers two days a week, and maintaining the lifestyle block he shares with his son.

"The staff at the recycling centre are in awe of Ken, who puts in full physical days of work that would rival the efforts of a 60 year old," says site manager Treena Gowthorpe.

She adds Ken's recall of dates for each location change or job change is astounding.

When asked what he thinks is the key to living a long and healthy life, Ken's advice is simple: eat three good meals a day; don't smoke or drink; keep active every day; take life as it comes; enjoy the people around you; and avoid confrontation.

Ken was born in 1926 at Otaki, Whangarei and celebrated his 90th birthday in June.

When young there was no telephone, television or family car, so life was very simple. He went through schooling and was selected to do an apprenticeship as an electrician with the railways, earning 10 pence and a farthing an hour.

Ken stayed with the railway for 11 years, during which time he met his wife, before moving on to his wife's parent's farm in Patea

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to milk cows for three years. Keeping in the dairy industry, Ken and his wife then moved to Kakaramea where he did seasonal work at both the Kakaramea Dairv Factory, making cheese, and the Patea freezing works, where he worked for 40 years until its closure in 1981.

After a six-year period working as a sextant, digging graves at Patea cemetery, Ken and his wife were offered

a job running the campground shop at Raglan. A bonus of the job was that it came with a house. While it was only a summer job, the campground was next to a grass airstrip, so Ken was able to supplement his income by spending the winters flying with a



• Ken Purchase at the Recycling Centre in Helensville

topdressing pilot servicing local farms in the area.

Ken and his wife moved to Helensville in 1981 to share a property with his son and his family, who were looking to move out of the city.

100 planter boxes coming to Helensville

Helensville will soon be graced with 100 colourful planter boxes.

Locals may have noticed orange spray paint markings on footpaths and grass edges throughout the town's main thoroughfare recently. They mark the proposed sites for the new planters, expected to be installed by early October. Anyone with questions about markings on or near their property should phone project leader Holly Southernwood on 021 488 427.

The locations for the boxes, which will spread from the 50km/h entry sign at the north end of Helensville until almost up to the State Highway 16 roundabout, were decided in conjunction with a representative from the New Zealand Transport Agency.

Around two thirds of the planters will be planted with flowering carpet roses, and the remainder with colorful-foliaged Nandina plants says Holly.

Holly would like to hear from any locals keen to help with the project. Working bees are planned for the last week in September and first week of October.

The North West District Business Association has agreed to provide \$7000 in funding for soil and plants, and an ongoing commitment of \$1500 per year for maintenance. At the time of writing, Holly was waiting to hear of a further \$3500 in funding from Rodney Local Board for the boxes themselves, which will be supplied by Helensville firm Oikoumene Forest.



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editorial

No editorial from me this month - I'm saving space for articles. We've got a big 'meet the election candidates' feature starting on page 8 which fills much of the paper; it's important locals know who our councillor and local board candidates are so they can make an informed voting decision. Apologies for any articles that missed out going in this issue because of the lack of room. I'll try to run them next month if they are still timely.

- Dave Addison, Editor

Baldness and boxing boost 'Angel Fund'

Helensville's Angel Fund has received a boost from two very different recent fund raising events.

A 'Shave for an Angel' head-shaving event held at Kaipara College on Friday, August 12 raised \$9000 through a Give a Little appeal. 30 locals - aged 11 to 65 and including eight students and 10 teachers had their heads (and in one case eyebrows) shaved by Nicola, Rachel and Jessie of Riah Hair Design in Commercial Road. The money raised will be specially tagged for young people and their immediate families living with cancer.

And a charity boxing match between Andy 'Crusher' Cummings in his final fight and Graeme 'The Hitman' Kuha-Heaps, organised by Helensville Thaiboxing and held in the War Memorial Hall on July 30, raised almost \$1400, also through Give a Little. Andy won that bout.

The Angel Fund has operated locally for around seven years, and provides financial help for children who need a helping hand, and whose families are working towards changes in their life situations.

Recent grants have been given for sports and youth club fees, a bassinet, school shoes, warm clothes and petrol vouchers so locals could attend health appointments.

All funds raised by Angel Fund are returned to the local community. A portion go to sports fees to enable children to participate in the many codes available in Helensville.

The fund is overseen by local women Leigh Cummings, Tracey Roberts, Jo Chiswell and Cherie George, who are all qualified professionals with years of experience working with children and families in the local community. They meet about every six weeks to administer the fund.

As well as one-off donations like the two recent events, the fund receives monthly donations from a number of local people.

Fund members thank those who donated to both 'Give a Little' fundraisers.

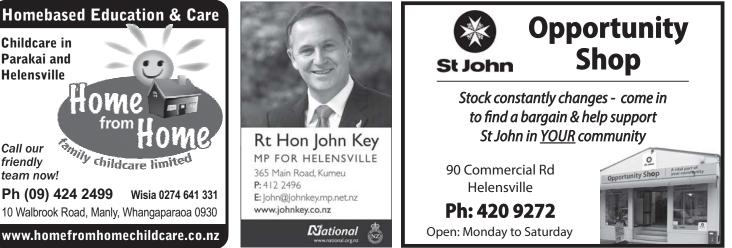
Anyone who would like to apply for a grant or become an Angel themselves can phone Leigh on 021 999 948 or Tracey on 021 0259 4535 for further details.

Art Kaipara exhibition



Art Kaipara member William Robert Boyd (above) was the first to arrive with his artworks for this month's Art Kaipara Members Exhibition, which runs from September 3 to 24. A special opening evening was held on Friday, September 2.

The exhibition is in the Helensville Art Centre in the basement of the Helensville War Memorial Hall. Hours are Tuesday to Friday 10am to 4:30pm and Saturdays 10am to 3pm.



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Young Makarau woman performs at Edinburgh Tattoo

While the world's eyes were on the Rio Olympics, Makarau 21-year-old Charlotte Naden was on the other side of the world, playing a part in the annual Royal Edinburgh Military Tattoo.

Charlotte, who has lived at Makarau since she was six, became part of the Shetland Scottish fiddling group which performed at the famous castle every night during August.

As well as playing bassoon with the Manukau Symphony orchestra, the Auckland Youth Orchestra and the Auckland University Orchestra, Charlotte has played the Scottish fiddle for many years and performs regularly with several Aucklandbased groups.

She has won her category at least once at the Waipu Highland Games, and this year was invited to take part in the Edinburgh tattoo. As a result she was asked to join the Shetland Scottish fiddling group for all of its performances in Edinburgh.

It was a tough schedule, performing every night and twice on Saturdays, but Charlotte felt the opportunity was worth taking a semester off from Auckland University, where she is doing a conjoint degree in science and music.

She had enough free time to see some of the city and even swim in the North Sea at Portobello beach. She also visited Shetland,



Charlotte Naden

and was to spend three weeks in the Mediterranean before returning home at the end of this month - just in time for her next concert in Manukau.

Radio station starts up locally

Helensville has a new community radio station.

Mountainside FM started broadcasting on frequency 87.8fm in mid-August, and the signal, from an aerial located atop local businesswoman Holly Southernwood's Commercial Road building, should cover most of the South Kaipara.

The station plays mainly easy listening 60s and 70s music with a mix of traditional country.

Mountainside FM's charter is to support the local community, and it offers a free service to promote local activities and club events. Commercial advertising is also available. The station was founded nine years ago by Rob Houison, and until its Helensville expansion mainly covered the Eastern Auckland suburbs around Mt Wellington, and much of WestAuckland.

The station's website says: "We champion worthwhile causes, support charity groups, and offer free notices to non-profit organisations."

Locally, Matt Smith of Helensville-based AAA Productions/Red Room Recording Studio is hosting and supervising the station's relay equipment.

Local groups wanting free advertising should phone 09 528-5616 or email: studio@mountainsidefm.co.nz.



 Image: Strategy of the strategy

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Smith family 150 years

Descendants of George Sydney Smith gathered in Helensville in August to commemorate the 150th anniversary of his arrival in New Zealand.

Organised by his great-grandson, John

Smith, who is the current president of the Helensville & **District Historical** Society, the weekend-long event attracted around 70 people from around the country, as well as two families from Alaska.

George Sydney Smith arrived at Lyttelton from Staffordshire in England in 1866. He was trained as a

doctor, but couldn't practise because he suffered from Parkinson's, and is instead believed to have initially run a chemist shop in Auckland.

John isn't sure of the exact year George Sydney moved to Helensville, but he built a two-storey house on State Highway 16 at the north end of the town, and purchased a large block of land which he then farmed. in 1880. His family had been tenant farmers in Staffordshire.

George Sydney had three sons and

three daughters (a seventh child died on the ship on the way to New Zealand). None of the daughters wanted to live in Helensville, so one moved to Australia, another to France, and the third to the United States - it



Members of the Smith family at Helensville Catholic Church

was her descendants that visited from Alaska.

The gathering, held at the Catholic church in Helensville, included an informal mix and mingle on the Friday night, and a lunch on the Saturday. That was followed by a bus tour around Helensville highlighting areas of the Smith family's involvement, with a commentary by Julie Colville.

On the Sunday there was a church service followed by a blessing of Smith family graves.

Birthdav treats from local business

A local business is giving locals the chance to win prizes to help celebrate its first birthday.

Beauty Elixir opened at 81 Commercial Road in late September last year after operating as a home-based business for several years, and owner Melissa Carr is "thrilled" how the business has grown over the past 12 months.

To help celebrate the one-year milestone, Melissa and beauty therapist Maria Schofield are offering 'birthday' prizes through their Facebook page - 'Beauty Elixir Helensville'. Prizes include an 'eye trio' package worth \$40; an aroma touch massage worth \$85, a facial valued at \$140,

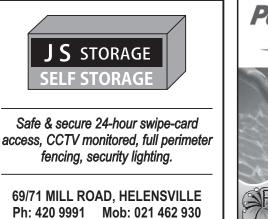
and a \$50 waxing voucher. Products will also be given away.

Melissa says her cosmetic tattooing clients come from all over the North Island, as far away as Kaitaia in the north and Wellington in the south, bringing people to other Helensville businesses who might not otherwise come here.

"Contributing to the local economy is an additional benefit of being in business here," she says.

Melissa says another increasingly popular service is tattoo removal.

"More people are enquiring about getting an 'old mistake' removed, and it's a thrill to be able to offer this service to them," she says.



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Competition to design playground tables and seats

Auckland Council is to upgrade the playground area behind Helensville Library, and is holding a competition for locals to design seating and picnic table sets for revamped area.

Five picnic areas have been included in the concept plan for the area, which aims to link the playground with the library and Helensville Art Centre. As such, designs should incorporate lots of colour, as well as the letters of the alphabet.

Kaukapakapa landscape architect Geraldine Bayly wants to receive initial designs by Friday, September 23. She can be contacted on 021 475 222 or email geraldine@kaiparacoast.co.nz for the full specifications of the project.

Four finalists chosen from the initial concepts will each receive \$1000 to refine their ideas, with the winner from those four being commissioned to construct the tables and chairs (in conjunction with a woodworker or fabricator if they wish).

Joint clubs open day at Rautawhiri Park

A combined open day featuring the Lions Club of Helensville, Kaipara Netball Centre, Helensville Tennis Club, Kaipara Junior Touch and Helensville Athletics will be held at the Rautawhiri Park pavilion on Sunday, September 18 from 2pm to 4pm.

It will double as a registration day for all but touch rugby, which will be holding some fun games but not taking registrations as they are done directly through schools.

Locals will be able to have a go at the various sports, and there will be competitions, food for sale, and raffles.

Helensville Tennis Club administrator Gaylene Ashton hopes a good cross section of locals will attend.

The tennis club has a business house mixed doubles tournament starting on Saturday, October 15.

For more information email Gaylene at: helensvilletennis@gmail.com or visit www.sportsground.co.nz/helensvilletennis.

Big Latch On



Maria Johnson with nine-week-old Elea (above, left) and Jo Sorensen with 12-weekold Arie, were two of 23 local participants at Te Whare Oranga ō Parakai last month who took part in the Helensville Birthing Centre coffee group's Big Latch On event.

They were participating in a nation-wide event, now in its tenth year, at which mothers breastfeed their children en-mass while at the same time showing their support for breastfeeding.

Locally the youngest participant was just 15 days old, and one mother breastfed two children at the same time - her two-year-old, and her four-month-old baby.

The event was supported by many local businesses which supplied goods for spot prizes.

Women's Health Action, which coordinates The Big Latch On around the country, says the nationwide provisional total was 1886 'latches', made up of 1676 children latched on at venues and 210 'brelfies' - people who participated 'virtually' by sending in selfies of themselves breastfeeding at the 10:30am check-in time.

The aim of the event is to reduce common barriers to breast-feeding.



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Farewell to Don Armstrong

Don Armstrong 1946-2016

Don (right) was born in Whangarei in November, 1946. He moved to Helensville in 1951 when his family - parents Bill and Connie and older sisters Pat and Pam settled on a farm in Rautawhiri Road.

When Don met wife-to-be Enid he at first thought she was Swedish. Enid was working at the Shell garage in Helensville, and Don returned suspiciously frequently to fill up with fuel. They married in 1972, settling in Rata Street and raised their children Vicki and David there.

Over the years Don cared for many animals including dogs, pigs and even a possum, and he loved cats. He inherited a love of beekeeping from his father, and on his passing his family kept an old tradition by telling the bees their master had died.

Don worked hard all his life. He had a varied career working at Carters in Woodhill Forest, then drove heavy machinery in the forest at Ohakune for a couple of years. In 1969 he worked on the gas pipeline in Taranaki. After moving back to Helensville he worked part-time as a fisherman on the Kaipara Harbour.

In 1976 he started working for Ernie Smith as a member of his bush crew, then went on to run the batten mill on Mill Road in 1982. A decade later he moved to the Oikoumene Forest post yard in West Street, where he worked until the day he died.

With fellow employee and great mate Noel Smith, Don helped design, build and man many of Oikoumene's prize-winning Christmas parade floats.

Don believed in building firm friendships and was an active member of numerous local organisations such as the Brewers and Winemakers Guild, the Rodney Beekeepers Club (of which he was a founding member) and the Helensville River Valley Country Music Club. He loved taking part in local events and contributed as much as he could.

He loved a yarn, and had a unique sense of humour and many amusing catch phrases. The family has many hilarious memories of Don, such as his 'word of the week'. He was well travelled, and loved visiting new places and meeting new people.



Don died unexpectedly on July 13, and Enid and family would like to thank everyone for their kind and generous support.

He is survived by Enid, daughter Vicki and David and son David and Jess. He adored his five grandchildren, who will miss him immensely.

Top Art comes to town

New Zealand's top secondary school art show is being hosted by Kaipara College this month. Portfolios from 60 secondary school students from around the country will be exhibited at the college's Careers Centre from Monday, September 5 through to Thursday 8. The exhibition is open to the public from 9.30am to 2.30pm.

The portfolios all achieved 'excellence' in an NCEALevel 3 visual arts subject last year.

Called Top Art, the exhibition is a chance for the public to see the high quality of art being created in Kiwi secondary schools, and will also give Kaipara College students an understanding of what is required to achieve Level 3 Excellence in a visual art.

For more information phone college careers advisor Claire Couch on 420 8640, extn 835.





Rhymetime coming to local library

Following requests from locals, Helensville Library will trial Rhymetime sessions from Wednesday, September 7.

Rhymetime provides music, movement and action rhymes for pre-schoolers and their caregivers. It's aimed at 18 months to three year olds, but older and younger preschoolers are also welcome.

Different days and times will be trialled initially, starting with Wednesdays from 10.30am to 11am, and Thursdays from 11.30am to midday, and 2pm to 2.30pm.

Also at the library this month will be Roald Dahl Day on Tuesday, September 13.

Celebrating the 100th anniversary of Dahl's birth, there will be a range of activities

including readings from 3pm to 4pm of some of his stories and rhymes.

During the school holidays, from September 24 to October 9, there will be various activities from 11am to midday and 2pm to 3pm on weekdays. Topics will be: Mondays - science fun; Tuesdays - art; Wednesdays-look at language; Thursdaysjewellery and craft; Fridays - marble mayhem.

School holiday story times will be on Tuesdays, Rhymetime on Wednesdays, and Wriggle & Rhyme favourites on Thursdays, all from 10.30am to 11am. Finally, a 'soft toy sleepover will be held at the library on Friday, September 23 from 4pm to 5pm.

medical centre notes

Kaipara Medical Centre is urging its patients who are on a medical related benefit to act quickly when it is time to renew their medical certificate.

The centre's administration manager, John Issott, says some clients are leaving it to the last minute to get their GP to renew their medical certificate for WINZ, despite being advised up to two weeks in advance by WINZ of the upcoming expiry date.

"The problem is that by leaving it to the last day they may find their doctor is booked out or not on duty, so they are putting their benefit payment at risk," says John. "This can cause unnecessary stress for the

patient and our staff, who will do all they can to help, but can only to so much if there is not sufficient notice."

He recommends patients contact the centre to make an appointment with their doctor at least five working days before their medical certificate expires.

"It is important for patients to understand that the criteria and requirement for an appointment with their doctor to carry out the medical assessment before the expiry of their medical certificate is a condition set by WINZ," says John.

The Ministry of Social Development pays a Supported Living Payment to those who are "permanently and severely restricted in their ability to work". In order to continue to access that payment, beneficiaries are required to provide ongoing medical certificates which provide verification of their medical condition and/or disability, their capacity for work, and their ability to undertake work-related activities.

It is the client's responsibility to meet the costs of the consultation for their medical certificate.

Important Note: The Ministry of Health has advised that for enrolled patients of the Kaipara Medical Centre the 'Very Low Cost Access' (VLCA) prices have been adjusted as from September 1 to help with the rising costs faced by GP practices in delivering primary health care services. The new prices are (for a 15 minute consultation, with a doctor or nurse): Under13 - Free; Ages13 to 17 - \$12.00; Adult - \$18.00.

For patients not enrolled with KMC our standard casual rates apply (eg. \$65 adult 15 minute doctor consultation).

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Geoff Dobson

Independent candidate for Rodney Local Board (Kumeu Subdivision)



Authorised by Geoff Dobson, phone 0277 578 251

Election candidates

The 2016 Auckland Council elections are held by postal vote. Enrolled voters should receive their voting papers by Wednesday, September 21. Voters need to complete their voting documents and return them by post, to arrive no later than noon on Saturday October 8.

For voters who want to hand-deliver their papers, or who need to make a special vote, the closest venue is Kumeu Library.

Helensville News asked candidates for the Kumeu Subdivision of Rodney Local Board, and for the position of Rodney Councillor, to provide us with 150-200 words about themselves and what they have to offer. Here (in alphabetical order) is what they had to say...

BRENT BAILEY

(Standing for Rodney Local Board Kumeu)

Brent Bailey is a local ratepayer and businessman who has worked in IT and telecommunications for many years. He is passionate about the creation of new employment and enterprise opportunities for Rodney residents.



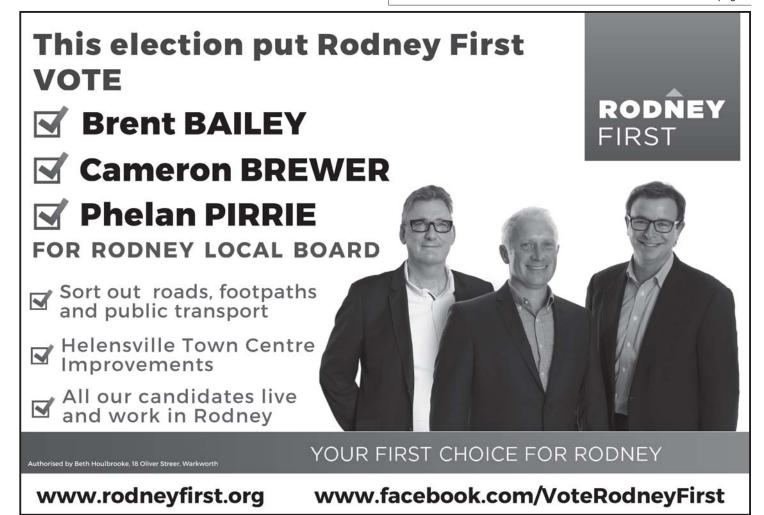
A member of Kaipara College's Board of Trustees and a keen advocate for community development in South Kaipara, Brent has also served on the Te Whare Oranga ō Parakai steering committee.

Brent believes the unprecedented population growth planned for Rodney should be accompanied by commensurate increases in funding for roading, infrastructure, public transport and community facilities.

By working together, Rodney First local board members will demonstrate a common focus and collaborate on a shared work plan to deliver a better outcome for Rodney, critical given the recent planning changes.

Brent brings a business sense and a fresh perspective on how

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have their say

From page 8

the local board can improve community-based collaboration and outcomes.

Elect all three Rodney First candidates. www.rodneyfirst.org

CAMERON BREWER

(Standing for Rodney Local Board Kumeu)

Cameron Brewer has been an Auckland councillor for six years. Last year he and his wife Kate moved their young family to Riverhead.



Having grown up on a Taranaki sheep farm, Cameron loves the Northwest lifestyle but is frustrated

by struggling local transport infrastructure including State Highway 16. He's currently a member of Auckland Council's Infrastructure Committee.

Cameron has worked as a communications adviser to a former Prime Minister and Mayor of Auckland. He also runs his own public relations business.

He was the successful CEO of the Newmarket Business Association before being elected to the inaugural Auckland Council in 2010. He was re-elected unopposed as Councillor for Orakei in 2013

Cameron is standing with the Rodney First team to bring his contacts, experience, and ability to publicly raise issues and get results. He believes a team approach will also help Rodney succeed. Elect all three Rodney First candidates. www.rodneyfirst.org.

GEOFF DOBSON

(Standing for Rodney Local Board Kumeu)

Geoff Dobson is an independent candidate for the Rodney Local Board (Kumeu Subdivision).

He's keen to work from the local board side after years of reporting council affairs for the media, mainly with Suburban • To page 10

VOTE to Re-elect



Thomas Grace

- Passionate & Tenacious
- Advocate for the Rodney Ratepayer
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gracewoodhill@clear.net.nz 09 420 8969 021 464 446 Authorised by T. Grace, 1581 State Highway 16, Woodhill

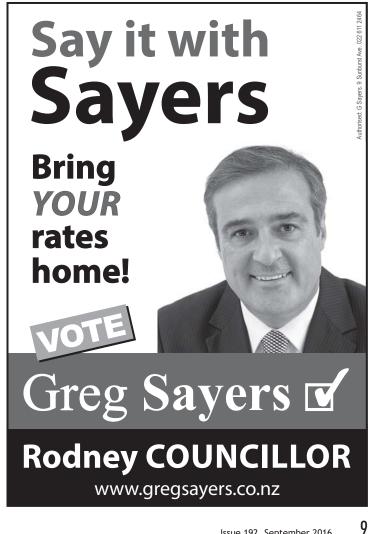
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Brenda STEELE



RODNEY LOCAL BOARD Authorised by Brenda Steele, 30 Wharepapa Rd, Helensville, 09 420 8191

Election candidates

From page 9

Newspapers, Auckland.

The former Rodney Times, Nor-West News and Western Leader editor has covered local bodies for 40 years. He's up with local and regional issues and says



open communication and integrity are his platforms. He can translate council jargon into words people understand and remains involved with the media to get the message out.

Geoff wants to see a new Kumeu-Huapai "framework" structure plan introduced to ensure infrastructure keeps up with rapid development while conserving important values. There's plenty of other issues to tackle around Rodney too.

"I'm about community first," Geoff says.

He's keen to see a bigger budget and more say go to the local board and area residents.

"I aim to help make the district better for all."

STEVEN GARNER

(Standing for Rodney Councillor)

Thank you for your time and your potential vote for Steven Garner.

Having lived, worked and thrived in Rodney for over 40 years, attending school, playing sport, and being involved in the local community, I am very well

placed to understand and appreciate the challenges, frustrations and also the many positive aspects of living in Rodney.

Rodney is best served by a local and experienced representative with proven ability to identify, drive and champion to Auckland Council the best possible outcomes. I have enthusiasm, energy and also extensive experience gained from working in Rodney and active involvement in our communities; including with over 65's through my

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have their say

• From page 10

paid work in the retirement and care sector, and with youth through nine years as a Mahurangi College Trustee.

Being Deputy Chair of the Rodney Local Board (Warkworth subdivision) for the past two terms has also provided a first-hand understanding and appreciation of what is most valuable to Rodney ratepayers and the region as a whole.

However most important is the understanding of the new Auckland Council 'system' and how to get the best for Rodney. I would love to represent you and ensure Rodney's unique voice continues to be heard. For Council vote Steven Garner.

■ THOMAS GRACE

(Standing for re-election, Rodney Local Board Kumeu) It has been a privilege to represent our community and help influence Auckland Council on behalf of our residents and ratepayers. I'm a lifetime resident of Woodhill, a self-employed beef farmer with a wealth of knowledge in local government and a former Rodney District councillor.



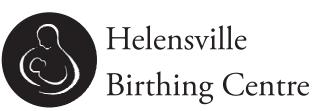
I'm passionate about our rural patch, currently deputy chair of the Rural Advisory Panel on Auckland Council.

Outside council I'm a former member of Kumeu Rotary (22 years), a motorsport and Rally NZ enthusiast, competitor and senior official, and a regular blood donor with 200 donations. I gifted the Thomas Grace Reserve to Council, five acres of virgin bush that was never felled by our ancestors.

I have the political, social and management skills required to make informed, sensible, disciplined decisions for our community to achieve the outcomes you want - a common, down-to-earth approach that is essential for our unique rural area.

Re-elect Thomas Grace, a people's person and tenacious, passionate advocate for the Rodney ratepayer.

To page 12



TE PUNA WHANAU KI TE AWAROA

Helensville Birthing Centre is your local community facility. It provides a free service for women who choose to give birth in a low-tech environment. Alternatively, women who give birth in hospital can then transfer to us for the opportunity to rest and establish breastfeeding.

You are welcome to call in and have a look around, or browse our facilities online.

53 – 65 Commercial Road, Helensville Ph: (09) 420 8747 Email: awright@helensvillehealth.co.nz

www.birthcentre.co.nz



Putting local health first • *Te hau ora tua-tahi o awaroa*

Healthy Helensville

Our vision: To be the healthiest rural community in New Zealand

Ready for new role



It has been a little over a month since Sue Miller joined the Helensville District Health Trust as its new General Manager, and what a busy time it's been! The Trust Chair, Erica McKenzie and the departing manager, Charm Torrance welcomed Sue with a comprehensive orientation programme to introduce her to all the many Trust's entities, businesses and activities. Sue says a highlight has been

meeting many of the staff, from the Trust itself, to the Helensville Birthing Centre, the Kaipara Medical Centre and the Trust owned community facility, Te Whare Oranga ō Parakai. "The passion and commitment of individuals is to be applauded," she says.

She's also had an introduction to many of the other agencies in South Kaipara and says, "developing long term relationships of trust and mutual respect will take time, but I want to learn more about each of them, so I'm aware of what value they can offer when we're considering new ventures for the Trust."

Alison McKenzie House update

The Helensville District Health Trust has commissioned a Heritage Report on Alison McKenzie House — the pale pink and blue Art Deco building in Commercial Road, that was home to the Health Trust before engineers deemed it unsafe in May. That report will be submitted to the Auckland Council Heritage team, before any further decisions on the building's future can be made.



Newsletter no. 37 • September 2016 • www.helensvillehealth.co.nz • 1 Porter Crescent, Helensville • Phone (09) 420 7878 • Email admin@helensvillehealth.co.nz

FOUR SQUARE PARAKAI Beer Month

Tasting Saturday 10th September. Parakai Four Square. 4:00-7:00pm

The Herbalist Craft Beer

The Herbalist craft beer has been created by a local woman (Rebecca Stenbeck) using her knowledge as a qualified Herbalist and Naturopath to create a truly remarkable range of full bodied ales that have been finely infused with herbs and brewed with New Zealand malted barley and hops.

There are currently two ales in her range which have been very well received and highly rated on social media since their release, appealing to both males and females alike.

Manuka Ale, 5.4%

This highly refreshing ale is finely infused with Manuka Leaves, Fennel Seeds and Burdock Root Food Match: Spicy Food, Fish, Chicken and Steak, delicious

with a homemade hamburger or just on its own.

Rosemary and Liquorice Ale, 5.4%

This is a tantalising ale with its layers of Rosemary Leaves and Liquorice Root to excite your taste buds. Food Match: Roast Lamb with Rosemary and Garlic,



Braised Fennel, Stir-fried prawns with anise spice and Thai Basil, added to casseroles and stews to form the stock base, Blue Cheese and Crackers, Citrus Tart, Lemon Polenta Cake and Chocolate!

> **OPEN 7 DAYS** 6:30am – 8:00pm 137 Parkhurst Road, Parakai T: 09 420 8186

Election candidates

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PHELAN PIRRIE

(Standing for re-election, Rodney Local Board Kumeu) Existing local board member Phelan Pirrie and his wife Allison live in Muriwai. He is GM of a major Huapai-based strawberry supplier. His roles reflect his values. Whether as a trustee



on the Muriwai Environmental Action Community Trust or Officer in Charge of Muriwai Fire Brigade, he's dedicated to serving our community.

Phelan chairs the board's Transport, Planning and Infrastructure Committee, actively working with residents to improve the district. He has helped deliver a Centre Plan for Kumeu and millions of dollars of footpaths for the area.

Believing the board could better represent the community if there was a cohesive team with a plan for the future, Phelan feels the challenges of rapid population growth cannot be left to chance.

He's passionate about the district and is part of the Rodney First team bringing hard work and vision to the local board.

Elect all three Rodney First candidates. www.rodneyfirst.org

GREG SAYERS

(Standing for Rodney Councillor)

Hi ... I am a Rodney resident, experienced businessman and am passionate about getting Rodney back its fair share of rates.



Rapid rate rises, a central city focus and the failure to deal with important local issues are the main reasons why I am standing.

I'm running on a platform of stopping Council's wastage and overspending, getting Council back to core business and having local rates spent locally.

My experience from owning successful businesses, being the

Harcourts Tandem Realty West

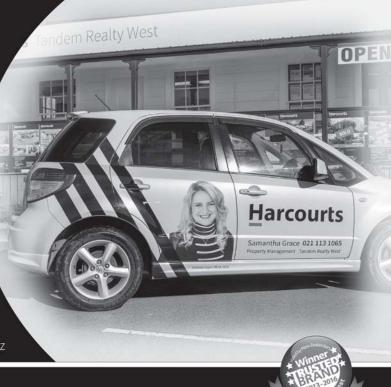
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have their say

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chairman of private companies, along with my local government experience means I have the right skills to bring financial responsibility back into Council.

Helensville deserves the money people pay to Council to be spent back locally and for the residents of Helensville to get a 'fair go'!

I will safeguard Helensville's interests. For the first time in a long time, Helensville will be treated with respect and have money spent back on footpaths, roads, pathways and generally making Helensville look beautiful and cared for.

I will fight for the vital roading, bus and other services that have so far been neglected.

A vote for SAYERS is a vote for getting Helensville back its fair share.

Read all about me at www.gregsayers.co.nz

HOLLY SOUTHERNWOOD

(Standing for Rodney Councillor, Local Board Kumeu) I am standing for both Rodney Ward councillor, and Rodney Local Board (Kumeu Subdivision).



Helensville born and educated, I'm the third generation of local enterprise, investment and community service, an accountant with four children.

My passion for Helensville's interests extends to the wider Auckland north-west (south Rodney).

I'm chair of the Helensville/Parakai Ratepayers Assn; a former North West District Business Association committee member; and arts supporter. Community involvement includes helping establish the new Helensville adult literacy program, and organising the Helensville Christmas parade, and from this year the Helensville community Christmas dinner. I currently head a project to place 100 planter boxes throughout Helensville's main thoroughfare.

Improving the look and feel of our townships, encouraging participation and interaction at all levels within our communities, are my passions.

Infrastructure deficiencies, particularly roading, plus water and sewerage services, are impeding economic growth and need solutions much sooner than Council and NZTA currently plan. My priority is a fair deal for all of Rodney, particularly the south, with a much higher level of the rates take invested back into our communities.

Making numerous presentations to the Rodney Local Board has given me good understanding of their procedures and familiarity with funding processes. I am keen to see local boards have a stronger community role - more empowered, better funded.

BRENDA STEELE

(Standing for re-election, Rodney Local Board Kumeu)

Welcome new locals, established locals and Tena koutou katoa. The power is in your hands to vote for someone who has the ability to work, support and stand alongside the residents, • To page 15

E FOUR SQUARE PARAKAI Beer Month

(CIII)

BEER

Tasting Friday 30th September Parakai Four Square 4:00-7:00pm GOLD

Moa Southern Alps and Reserve range

Made the way beer used to be made before everyone started making it differently, most of our beers are rounded off through the use of winemaking techniques, such as bottle conditioning where a small amount of active yeast and priming sugar is added to the brew just before bottling (like Champagne). This is why you may find some sediment at the bottom of our bottles

Southern Alps is brewed with Vienna and Pale Wheat malts, Moa Southern Alps is hopped and dry hopped with a blend of Nelson Sauvin and Citra hops giving a strong citrus/lemon grass aroma. Add the esters from a Belgian ale yeast and coriander for spicing and you

have quite some complexity in this fusion of Belgian Wit and I.P.A.

SILVER

SILVER

OPEN 7 DAYS 6:30am - 8:00pm 137 Parkhurst Road, Parakai T: 09 420 8186

SILVER

SILVER

BRONZE

South Kaipara Anglican Methodist Church

\$2000 STUDY AWARD - YEAR 2017

To be awarded to a South Kaipara Parish student who is a past or present resident. (Woodhill to Ahuroa), who has enrolled for a course at a University, Polytechnic or College of Education in New Zealand.

Applications Close: 31 October 2016

APPLICATION FORMS and CRITERIA AVAILABLE FROM: Email: skangmeth@gmail.com





A tribute to a great friend - by Noel Smith

Don Armstrong and I were best buddies for 35 years. Of those we worked together for 28. Don was humorous, kind, sincere, honest, reliable, caring, and hospitable, a great family man, a loving husband, Poppa, brother, uncle, and mate.

We did almost everything together, from work to socialising, to helping friends in need, fishing, growing vegies, cutting firewood for friends and family and our shared passion in beekeeping.

I recall one time Don got a call from a friend. She had some sheep guts that she wanted to get rid of. What we hadn't been told was there were six of them and they had been lying in the sun for a few days. We had to fight our way through the blowflies to get them onto Don's ute! Our plan was to bury them at Don's place. We decided on two loads on a wheelbarrow, three bags per trip. Don would push and I would be in front acting as the brakes. Trying to keep our balance with the barrow heavily laden was always going to be



Don (left) & Noel hanging a pterodactyl at Brian & Thelma Staines

tricky. You guessed it - we came a cropper. I slipped, the barrow tipped, and I was covered head to toe in sheep guts! All we could do was laugh.

When I started at Oikoumene I did deliveries in an old Ford truck. We had one customer who liked to be called before I left the yard and Don courteously obliged. That was a problem because I would have the truck loaded and the customer would invariably change his mind about what he wanted. That meant unloading and reloading the truck. Then before I could get out of the yard, Don would call the customer again - who would usually say, "I put you wrong, I do need that material". So I would have to unload and reload the truck again. I don't know how many times I asked Don to ring the customer after I had left with the load, but he always thought it was better to call beforehand.

One time we had a swarm of bees in a tall ti-tree by our bee shed. We decided to leave them for a few days, partly to let them settle a bit and partly because we needed to work out how to get them down. I came up with a brainwave to tie a wire basket to a long length

of bamboo. I would try and get the basket up to the bees, they would drop in and we would get the swarm to a new home. Don stood on the hill in line of vision to the bees to help guide my basket to the swarm. That basket was heavy when you're trying to balance it in on a bamboo stick, hoping not to disturb the swarm. In theory it worked a charm, but in reality I hadn't counted on falling backwards, disturbing the swarm that became very angry and both Don and I were stung to blazes. As usual, all we could do was laugh.

So many happy and memorable times shared with Don, my best mate. I will miss him every day for the rest of my life. My deepest sympathy and condolences to Don's family.

ikoumene

1 West Street, Helensville

| Ph 420-8706

| Fax 420-8476



Election candidates (cont)

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community, organisations, groups and many different clubs who all make our place an awesome spot to live and work or just call home.

Kumeu Subdivision elections is about voting for people who are going to work, represent and support you at a "local level" within the Rodney Local Board Auckland Council.

- · You deserve members who are committed.
- · Members who can process and understand the information.
- Members who are open minded to explore things differently, to influence better outcomes.
- · Members that support young people, their needs and aspirations in the community and engage with them, equally as they do residents.
- Members who challenge the system on your behalf, because we are Rural Auckland, not URBAN.

These are a snippet of the skills and values I hold strongly. I believe they are required to ensure your voices are heard loud and clear at the decision table through me. I have always lived in this community and this is where my children and now grandchildren are growing up in. This community is my heart and my heart is my community.

PENNY WEBSTER

(Standing for re-election, Rodney Councillor)

This election Auckland City will have a new Mayor. With that comes new challenges, the largest of which is getting up to speed on the needs of all its wards. Rodney is far and away the largest area in Auckland and representing it takes knowledge and experience to get real results.

The recently passed unitary plan is a blueprint for the whole city, and for

Rodney this is going to mean greatly increased urban expansion. It is vital that Rodney gets an area structure plan to see the Auckland Council continue to expand infrastructure, grow employment opportunities, deliver greater transport networks and build more quality housing options. It is also imperative that the implementation of this blueprint delivers in a structured and focused manner.

After six years as Councillor for Rodney my record clearly shows that when it has come to either rural or town focused matters I have been seen as a knowledgeable representative, and when it has come to representing the city as a whole, it is my experience with central

Meet the candidates

Te Awaroa Residents and Ratepayers Association will host a meeting for mayoral, council and local board candidates on Monday, September 5 from 7pm, at the Kumeu Baptist Church, 21 Access Road, Kumeu.

And the Kaukapakapa Area Residents and Ratepayers Association will hold another meet the candidates night at the Kaukapakapa hall on Monday, September 12 at 7.30 pm. This will also feature local board, councillor, and mayoral candidates, each of whom will give a quick talk about themselves and then answer questions from the audience. After the event there will be a chance to talk to the candidates one-on-one.

government that has been delegated too. I offer this knowledge and experience to you to continue the important role as the Rodney representative on Auckland Council.

'Pop up' kids book fair

Helensville Lions Club will hold a 'Pop Up' children's book fair on Saturday, September 17 from 10am to 2pm at St Josephs Catholic Church hall on the corner of Kowhai and Puriri Streets in Helensville.

The fair will feature books, toys, DVDs, and video and computer games for children through to teenagers.

Phone Chris Clark on 420 8527 or Yvonne Hilton on 420 8122.

All money raised goes to local community projects.





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town talk

■ JP & CAB SATURDAY CLINIC

As mentioned in the last issue of *Helensville News*, the Helensville Citizens Advice Bureau and local Justices of the Peace will hold their first combined Saturday Clinic at the Helensville CAB, 27 Commercial Road, on Saturday, September 3 from 10am to midday. Clinics will be held every Saturday from then on.

ONLINE CENOTAPH

A representative from Auckland Museum's Online Cenotaph project will visit the Kaukapakapa Library on Sunday, September 18 from 10am to 1pm. The Online Cenotaph is a comprehensive hub for stories of New Zealand service personnel containing the records of 150,000 kiwis who served from the 19th century to today. For more information contact Megan, ph 021 959 017 or email: threehorses@xtra.co.nz.

■ FREE HEALTHY LIVING COURSE

A free healthy living course that runs for 2½ hours each Friday morning for six weeks starts at Te Whare Oranga ō Parakai on September 16. Topics will include dealing with the ups and downs of a physical or mental health condition; relaxation techniques; communication with family and others; dealing with difficult emotions; and tips for eating well and getting a good night's sleep. Contact Charlene, phone 021 772 337, email: charlene@healthmatters.co.nz; or Pam, phone 09 813 3375, email: jpantill@ihug.co.nz, to register.

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Helensville News - Publication Information

OCTOBER 2016 deadline: Friday, 16th September 2016 ISSUE DUE OUT TUESDAY, OCTOBER 4th 2016

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Email: subscribe@helensvillenews.co.nz

Due out: Oct 4thCopy by: Sept 16thDue out: Nov 1stCopy by: Oct 14th	Due out: Dec 6th Due out: Feb 6th	Copy by: Sept 18th Copy by: Jan 20th

Editor & Publisher: Dave Addison, Helensville News Ltd, PO Box 59, Helensville 0840. Editorial: Dave Addison, 420 7215. Design, Subediting & Layout: Dash Design, 420 7215. Printing: Rob McCorkindale, Print Matters, 0274 740 657. Copyright: No material in this newspaper may be copied or reproduced without the publisher's permission.

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Letters to the Editor: Should be kept to around 250 words and may be edited as space dictates.

www.facebook.com/helensvillenews

community titbits from town and around

KAUKAPAKAPA MARKET

The Kaukapakapa market on Sunday, September 18 from 9am to 1pm will feature live music from The Roselles, who will perform popular songs from the 1960s and onwards from 10am to noon. There will be the usual stalls, plus food, barista coffee and the Lions book fair. For more information or to book a stall phone Sarah on 0274 831 542 or email: sarah1@maxnet.co.nz.

■ IGNITE KIDS GROUP

Helensville Community Church's Ignite youth group for 7 to 12-year-olds will meet from 3pm to 4.30 pm on Friday, September 23 for afternoon tea, games and talk. The free event will be held at the church, behind the hospice shop in Mill Road. For more information phone Pastor James van Alstine on 021 113 5927.

MYSTERY MOVIE NIGHT

A 'mystery movie night' will be held on Saturday, September 24 at the Helensville Community Church in Mill Road. The free family evening will start with a pot luck dinner at 6pm (bring a plate) with the movie starting at 7pm. For more information phone Pastor James van Alstine on 021 113 5927.

HARVEST MARKET

The next South Kaipara Harvest Market is on Sunday, September 25 from 10am to 1pm, at Te Whare Oranga \bar{o} Parakai. Artisan bread, barista coffee and homemade chutneys and sauces from local producers will be on offer, plus lots more.

WAITOKIMARKET

Saturday, October 1 is the next Waitoki Hall market, from 8.30am to midday. David from Le Coffee will talk about creating an amazing cup of coffee. Celebrant and caterer Danielle Smith will chat about ideas for celebrations and demonstrate summer entertainment recipes. There will be a variety of stalls and barbeque brunch. Stall holders enquiries phone Shirley on 420 5111.

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