

Local youth, recycling centre working together for future

The Helensville Community Recycling Centre has joined forces with Outwest Youth on a 'Community Enrichment Programme' aimed at giving students valuable hands-on experience in building and design through recycling waste wood into saleable products.

The programme will grow the students' design and building skills from simple planter boxes, to dog kennels and chicken coops, with the goal of a tiny house build at the end of the year.

Health and safety and power tool training has been completed, and the students have finished building two planter boxes, which are for sale at the Recycling Centre.

Funds from the items built will go towards the costs of running the programme and towards the Outwest Youth annual camp.

"Community enrichment programmes are an integral part of the Helensville Community Recycling Centre and an important way for the centre to give back to the community," says site manager Treena Gowthorpe.

Previous community enrichment programmes have been with elderly from Craigweil House, people with intellectual disabilities from Mt Tabor and Spectrum, and work experience for the special needs unit at Kaipara College.

The Recycling Centre also provides free Zero Waste services for small local events, funds recycling containers at Rautawhiri Park, and runs a small sustainable community garden at the site with a 'pay what you can afford' produce stand.



• Alternative education teacher, Sam Smith (right) with some of the Outwest Youth students

"Although we have a commercial arm to our operation at the Helensville Community Recycling Centre, we are a not for profit charitable trust," says Treena.

"So while we have one foot firmly in our contract with Auckland Council, the other is firmly planted in our community.

"We would probably be better described as a community enterprise, which uses its core business - diverting waste away from landfill - to fund important community support. Working with Outwest Youth is just another example of this."

Outwest Youth is a youth work provider based in Helensville and is focused on providing local rangatahi (young people) with learning opportunities and life skills to give them the best start for the future.

The Helensville Community Recycling Centre is open Wednesday to Sunday 8am to 4pm. Phone 022 430 3622

town talk

community titbits

■ HELENSVILLE AGLOW

Julie Calvert, director of Healing Rooms NZ, will be guest speaker at the Helensville Aglow meeting on Friday, June 7, 7.30pm in the Helensville Community Church, 40 Mill Rd, Helensville. All welcome. For more information email: yvonne@hello.net.nz.

■ WAITOKI MARKET

Georgina Curnow will have handmade crystal bracelets and necklaces, affirmation and oracle cards, books and crystals at the next Waitoki Market, and will give advice on how to use them to help relax and calm.

Lisa Clapperton will be on hand to advise how to use native plants to enhance your garden and bush.

The market, on Saturday, June 8 from 8.30am to midday, will have stalls selling baked goods, plants, homemade and used bargains and preserves.

New stall holder enquiries to Gill, phone 420 3301 or email: waitokihall@gmail.com.

■ KAUKAPAKAPA MARKET

Live music from duo Gillian and Mike will feature at the Kaukapakapa Market on Sunday, June 16, open from 8.30am to 1pm. Stalls will have everything from local handmade crafts and fresh fruit and vegetables to used items and collectibles.

There will be free face painting and a craft table for the kids, and freshly made coffee and tasty treats at the market cafe. For more information phone Sarah on 0274 831542 or email: sarah1@maxnet.co.nz.

■ KAUKAPAKAPA LIBRARY

Entries in the 'A Week in the Life of Kaukapakapa' annual photo competition will be on show in the Kaukapakapa Library on Sunday, June 16, with visitors able to vote for

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BUYING OR SELLING PROPERTY?



editorial

Even a quick glance will tell you this is no ordinary issue of *Helensville News*. It had to be produced in advance, which means it's a little smaller, and - oddly for a newspaper - doesn't have much in the way of news!

What we do have is a pretty comprehensive listing of clubs, sports groups and community organisations in the South Kaipara. Many of those are suffering from the same problem - static or falling memberships, and difficulty attracting new people. Community organisations in particular do a huge amount for our area, but they rely on us locals to keep them running.

With that in mind, this listing of clubs and organisations will show you much of what is available in the local area. Maybe you are new to the area and just aren't aware of the wealth of things to take part in, or perhaps you're a longer-term resident who just needs a nudge to get you to join up.

Community and service groups are listed first, followed by general interest clubs (pg 7) and then sports and fitness groups (pg 9). Those that are registered charitable organisations are listed as such. Information is as supplied, and we cannot vouch for its accuracy.

- Dave Addison, Editor

Community & Service Groups

■ Coastguard Kaipara

Contact: Iain Gulliford
Phone: 021 126 9736
Email: iain@coastguardkaipara.org.nz
Year Formed: 1979
Age or Sector: 18 to 80 years.
When Meet: Tuesdays 7pm to 9pm.
Where Meet: Coastguard Shed, 82 Mill Road, Helensville.
Purpose: Marine search and rescue. Community events and conservation work. We also spend time doing regular patrols, training, education and public displays to get the Coastguard safety message across to boaters.

Formal or Informal: Formal

Fees/Subs: Nil

Charity: Yes

Comments: Dry and wet volunteers required - if you're a keen boater or wish to volunteer for an organisation which has national structures in place to get crews to qualified levels then come see us. If you would like to volunteer but don't like or are unable to go out on the water then we still have a place for you.

■ Citizens Advice Bureau (CAB) Helensville

Contact: Karen Rutherford
Phone: 420 7162
Email: helensville@cab.org.nz
Year Formed: 1991

Membership: 25 volunteers

Age or Sector: All ages.

Purpose: At the CAB we try to help people to know and understand their rights and obligations and how to use this information to get the best outcomes; provide people with the confidence and support they need to take action; and work for positive social change within communities and wider society. We provide a free and independent service to all.

Formal or Informal: Formal meetings with Board of Trustees

Charity: Yes

Comments: Open 10am-3pm Monday to Friday at 27 Commercial Rd, Helensville.

■ Helensville Agricultural & Pastoral (A&P) Association

Contact: Show manager
Phone: 420 7572
Email: info@helensvilleshow.co.nz
Web: www.helensvilleshow.co.nz
Year Formed: 1900

Age or Sector: General public, any age.

Purpose: To promote the interests of agriculture and farming in the district; to administer the showgrounds venue; and running the annual A&P show.

Formal or Informal: Formal structure with elected Executive Committee.

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Community & Service Groups (cont)

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Fees/Subs: Annual membership \$30.
Events: Annual A&P show held on the last Saturday each February.
Charity: Yes
Comments: The Association has hall hire available, plus key hire for horse riding on the showgrounds. Contact office on 420 7572 for further details.

■ Helensville & District Historical Society

Contact: Lynn Millar, Helensville Museum
Phone: 420 7881
Email: helensvillemuseum@xtra.co.nz
Web: www.helensvillemuseum.org.nz
Year Formed: 1967
Membership: 350
Age or Sector: All ages.
When Meet: Monthly executive meetings, many member events.
Where Meet: Helensville Museum, or one of Helensville's halls.
Purpose: To promote, understand and preserve the history and heritage of the district and its intrinsic values. Our past is our future.

Formal or Informal: Elected committee, formal and informal meetings.

Fees/Subs: Single \$15; couple or family \$20; corporate or organisation \$30.

Events: Approx monthly - displays and demonstrations; open days; lectures; bus or boat trips.

Charity: Yes

Comments: Our website lists details about the district history, collections at the museum, activities etc. Our archive centre has extensive information for research, including a large photographic collection. Museum open 9am-midday Mon, Tues, Thurs & Fri, and 1pm-3.30pm Wed, Sat and Sun, or by arrangement for group visits or research. Member of Rodney Combined Museums and NZ History Federation.

■ Helensville Freemasons (Duke of Albany Lodge)

Contact: Rob Ellis (Secretary)
Phone: 420 9636 or 027 457 8929
Email:

dukeofalbany.lodge@freemasons.org.nz

Year Formed: 1884

Membership: 30

Age or Sector: Men aged 21 and over.

When Meet: Fourth Wednesday of each month (except December & January).

Where Meet: Masonic Centre, Kowhai St Helensville.

Purpose: Worldwide fraternity of men interested in the betterment of themselves, their families and the community at large. The watchwords of the order are Brotherly love, Relief and Truth.

Formal or Informal: Formal monthly meetings.

Fees/Subs: \$240 annual dues plus personal donations.

Comments: The Lodge was consecrated in Helensville in 1884. Named after Queen Victoria's youngest son, Prince Leopold, The Duke of Albany, who passed away that year. We are proud of the fact the Lodge has been meeting practically every month for the past 131 years - and still going strong! Not many organisations can say that about themselves.

■ Helensville District Community Christmas Lunch

Contact: Holly Southernwood

Phone: 021 488 427

Email: helchrisfest@gmail.com

Year Formed: First held 2012

Membership: Success of this annual event depends on community volunteers.

Age or Sector: All ages, family groups, elderly etc

Purpose: Christmas Day community lunch for anyone under extra stress at Christmas time, or anyone who would like to enjoy their Christmas meal with others in the community.

Formal or Informal: Informal, local volunteers.

■ Helensville Railway Station Trust

Contact: Alan Hargreaves (chairman)

Phone: 420 8961 (leave a message)

Website: www.helensvillerrail.org.nz

Year Formed: 1982

Membership: Enquire with trustees

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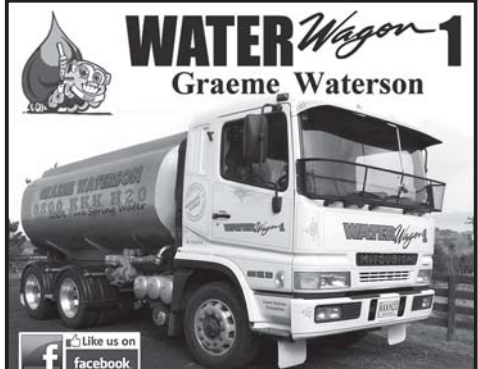


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Community & Service Groups (cont)

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Age or Sector: 3 years and older.
When Meet: Usually second Saturday of the month at 9am.
Where Meet: Railway Museum
Purpose: To preserve Helensville's historic railway station and promote the history of the station and its surrounds with a working model of how it was in the middle of last century, along with a display of railway memorabilia.
Formal or Informal: Elected trustees.
Charity: Yes
Comments: Museum open 11am-3pm Saturdays and Sundays. Groups welcome during the week by appointment. Cafe at the railway station open Tuesday to Sunday, shops Wednesday to Sunday 10am to 3pm.

■ **Helensville St John Youth**
Contact: Sheryl Pawley
Phone: 021 190 0591
Email: sheryl.pawley@stjohn.org.nz
Year Formed: The Order of St John began in New Zealand in 1885, Helensville Youth Division formed 1988.
Membership: 42
Age or Sector: 6 to 18 years.
When Meet: Mondays, 5.30pm to 7pm.
Where Meet: Men & Family Centre, 10 Awaroa Road, Helensville.
Purpose: Development programmes for young people focus on first aid, health care, leadership and life skills, mixed with fun. Young people who experience our programmes gain confidence and empathy, as well as knowledge and leadership skills. Some continue their relationship with St John when they become adults. Encouraging volunteering from a young age is an important ethos in St John Youth.
Formal or Informal: Overseen by Area Committee which holds formal meetings.
Fees/Subs: \$10 per term, \$5 for each extra child from the same family. One-off uniform fee \$50.
Events: Competitions, festivals, leadership training, camping weekends, Anzac Parade, community events.
Charity: Yes
Comments: St John is run and staffed by people passionate about serving their

communities and caring for fellow New Zealanders. We have a volunteer ethos, with paid and volunteer members working side by side. Those who work for St John are driven by the desire to help their local communities by providing essential health-related services. Our five values - we Do the Right Thing; we Stand Side by Side; we Make It Better; we Have Open Minds; we are Straight Up - help us to achieve our vision of 'enhanced health and well-being for all New Zealanders'.

■ **Helensville Womens Institute**
Contact: Hilda Reaves (president)
Phone: 420 7106
Email: gillianouwejan@slingshot.co.nz
Year Formed: 1931
Membership: 14
Age or Sector: All women.
When Meet: First Tuesday each month at the Helensville Masonic Lodge.
Purpose: Sharing to sustain the community. Our theme is spreading happiness. We support many organisations such as Kidney Kids.
Formal or Informal: Formal
Fees/Subs: \$22
Events: Outings
Comments: During our meetings we have speakers, entertainment or demonstrations and competitions.

■ **HIPPY South Kaipara Charitable Trust**
Contact: Coordinator Bernie Malizia
Phone: 420 7434 or 021 0220 6017
Email: bernie.hippy@clear.net.nz
Year Formed: 2005
Membership: 50 families annually
Age or Sector: 3 to 6 year old children & their parents.
Purpose: The HIPPY programme gives parents resources and support to help them prepare their preschool children for school. Tutors visit local families in their homes to roleplay the week's activities, enabling parents to deliver the programme to their children. Parents are invited to attend fortnightly group meetings at Parakai School to receive further support.
Formal or Informal: Charitable trust with

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Community & Service Groups (cont)

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elected trustees.

Fees/Subs: \$30 annual koha.

Events: Mid-Year HIPPY Celebration and the end of year Graduation ceremony.

Charity: Yes

Comments: Great Potentials licences the HIPPY South Kaipara Charitable Trust to operate the HIPPY programme in the South Kaipara between Reweti and Glorit.

■ Kaipara Memorial RSA (Inc)

Contact: Graham Matthews

Phone: 420 8888

Email: kaipararsa@xtra.co.nz

Web: www.kaipararsa.co.nz

Year Formed: 1934

Membership: 400+

Age Sector: 18 and over.

When Meet: Wednesdays to Saturdays, 4pm opening.

Where Meet: RSA, 49 Commercial Rd.

Purpose: The RSA movement provides for the well-being of ex-service people and their families. The RSA opens its doors to welcome anyone who would like to join a family-friendly organisation providing a safe environment for members and families alike.

Formal or Informal: Formal, elected committee, monthly meetings.

Fees/Subs: Range to \$50.

Events: Anzac Day, Melbourne Cup Day, quiz nights, bands, dances, dinners.

Comments: Dining available from 6pm Wednesday, Friday and Saturday. You do not need to have served in the armed forces in order to join.

■ Kaukapakapa Area Residents & Ratepayers Assn Inc

Contact: Peter Brennan

Phone: 027 444 9822

Email: peter.b@burmester.co.nz

Year Formed: 1992

Age or Sector: All ages.

When Meet: First Thursday of the month.

Where Meet: Kaukapakapa Memorial Hall

Purpose: To provide a voice for the community to Local Boards, Auckland Council, national Government, and other supporting agencies. To help run community projects so we can have a village to be proud of.

Formal or Informal: Formal committee.

Fees/Subs: \$10

Comments: KARRA is involved in a number of projects around the Kaukapakapa area to improve the township for residents and visitors.

■ Kaukapakapa Playcentre

Contact: Ask for session leader

Phone: 420 5308

Email: kaukapakapa@playcentre.org.nz

Year Formed: 1976

Membership: 12 families

Age or Sector: 0-6 years.

When Meet: Monday, Wednesday, Fridays 9.15am-11.45am. Big Kids session on Thursdays from midday-2.30pm.

Where Meet: Kaukapakapa Playcentre,

Sinclair Park, Macky Road.

Purpose: Kaukapakapa Playcentre is a parent-led early childhood centre which offers high quality education for children in small mixed-age groups. Playcentre also offers free parenting and early childhood education for parent members. We have a well equipped centre with a strong community following.

Formal or Informal: Formal

Fees/Subs: \$40 per term per family.

Events: Playcentre Awareness Week, Open Days, and internal events for Playcentre families.

Charity: Yes

Comments: We invite you to three free visits with your child to experience play the Playcentre way to see if this is right for your family. Check out our Facebook page to see what we have been up to.

■ The Lions Club of Helensville

Contact: Chris Clark

Phone: 420 8527

Email: chrisclarkhelensville@gmail.com

Year Formed: 1962

Membership: 30

Age or Sector: 18 and over.

When Meet: Second (business meeting) & fourth (social meeting) Mondays of the month.

Where Meet: Lions Lounge, Rautawhiri Park.

Purpose: For men and women of all ages, from all walks of life who want to make a difference to their community by donating their time and talents, while enjoying the fellowship of like minded people.

Events: Book fairs, Kaukapakapa market, Helensville A&P Show.

Charity: Yes

Comments: There are 400 Lions Clubs in New Zealand with 11,000 members, who are part of a worldwide network of 1.3 million Lions in over 200 countries. Clubs are autonomous so decisions made about community projects and needs are made by people in the local community. We are a hands-on club and actively work alongside organisations we support. All money raised by Helensville Lions goes back into the local community. Our motto is: 'We Serve'.

■ Shelly Beach Residents & Ratepayers Assn

Contact: Ralph Maher

Phone: 021 829 535

Email: ralph@workplace-safety.co.nz

Year Formed: 1950 approx

Membership: 30 approx

Age Sector: Shelly Beach residents.

When Meet: Alternate months.

When Meet: Shelly Beach Fire Station.

Purpose: To represent the community in any dealings with government, local and regional. To provide annual activities for children, and to promote the care and maintenance of the reserve and waterfront.

Events: Sports day on 1st January each year, Easter Egg hunt on Easter Weekend.

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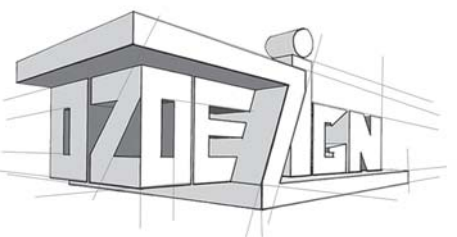
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Community & Service Groups (cont)

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■ South Kaipara Landcare Inc

Contact: Tracy Tristram

Phone: 09 420 2842

Email: sthkaiparalandcare@gmail.com

Year Formed: 2001

Membership: 80 plus

Age or Sector: All

When Meet: Committee meets monthly.

Where Meet: Waioneke School.

Purpose: With a tag phrase of awahi te whenua (embracing the land), the group's mission is to protect and improve the quality of the environment on South Kaipara Head peninsula. Projects include planting and weeding days, an active pest control programme which includes loaning traps to locals, an annual roadside clean up, supporting the annual dabchick census, plus information sharing and field days. The group also runs a community nursery with native plants available to locals at very good prices.

Formal or Informal: Informal with a committee.

Fees/Subs: \$5 annually; \$10 family 2 adults & 2 children under 18; \$25pp for five years.

Events: Roadside Clean Up in September, Dabchick census in April, planting days in winter, roadside weeding in spring.

Charity: Yes

■ South Kaipara Community Patrol

Contact: Community Constable Laura Van Doormaal

Phone: 420 8967

Email: laura.vandoormaal@police.govt.nz

Year Formed: 2008 approx

Age or Sector: Ages 18+ with current driver licence.

Membership: 10

When Meet: Friday mornings, 10am.

Where Meet: Helensville Hall.

Purpose: To assist the police by being an extra set of eyes and ears for them when on patrol. The Community Patrol has a late model car equipped with orange flashing lights, other safety equipment and hi-viz jackets for both summer and winter.

Volunteers can patrol any time, night or day, that suits them, on a monthly roster.

Comments: New patrol members needed now. Training provided as required.

■ South Kaipara Men's Trust (Men & Family Centre)

Contact: Mike Bridgman

Phone: 027 800 8081

Email: sthkaiparamenstrust01@gmail.com

Year Formed: 2004

Age or Sector: All men & their families.

When Meet: Monday & Tuesday 9.30am to 4.30pm.

Where Meet: Men's Centre, 10 Awaroa Street, Helensville.

Purpose: The Men's Centre works to assist fathers to be leaders within their families. To achieve this we offer a 'listening ear' drop-in facility, we provide (and can assist with) professional referrals, and we provide programmes. The Men's Centre also has a small workshop available to all, and community gardens.

Formal or Informal: Formal, elected Board of Trustees.

Fees/Subs: Free.

Charity: Yes

Comments: Our premises operate as a shared space, collaborating with St John cadet training, fitness classes, and the SKYouth Trust.

■ South Kaipara Rotary

Contact: Angela Gilbert

Phone: 021 114 5213

Email: southkaipararotary@gmail.com

Year Formed: 2017

Membership: 12

Age or Sector: All ages.

When Meet: 7pm first & third Wednesdays of the month.

Where Meet: Parakai School, Fordyce Road, Parakai.

Purpose: Rotary is an international organisation with six main areas of focus: peace and conflict prevention/resolution; disease prevention and treatment; water and sanitation; maternal and child health; basic education and literacy; and economic and community development. Each Rotary club sets its own course and direction.

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South Kaipara Men's Trust

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Community & Service Groups (cont)

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Events: Regular sausage sizzles.

Charity: Yes

Comments: As a relatively new club South Kaipara Rotary has a focus on community involvement, ways in which we can assist with the development of children and other community groups who require resources. Examples include contributing to the defibrillator for Shelly Beach Fire Brigade, dictionaries in local schools, supporting the Rotary Youth Driver Awareness day at Kaipara College, sports equipment for Woodhill School, and establishing an orchard at Parakai School. We encourage children to be involved in community projects and activities along with their parents, so it is a family friendly organisation.

■ Te Awaroa Residents & Ratepayers Association Inc

Contact: Holly Southernwood

Phone: 021 488 427

Email: tarrassoc@gmail.com

Year Formed: 2013

Membership: 25 families.

Age or Sector: Any members of Helensville or Parakai townships.

When Meet: Meeting dates to be advised.

Purpose: To liaise with Auckland Council and Rodney Local Board on matters concerning our communities.

Formal or informal: Elected committee; everyone welcome to attend and contribute at meetings.

Fees/Subs: \$10 per family.

■ The Art Centre, Helensville

Contact: Pauline Denton

Phone: 021 158 6859

Email:

coordinator@artcentrehelensville.org.nz

Year Formed: Art Kaipara 2004; in 2008 premises on Karaka Street were obtained for the Art Centre (now in War Memorial Hall basement).

Membership: 129 (Art Kaipara)

Age or Sector: All

When Meet: Management team monthly.

Where Meet: The Art Centre, War Memorial Hall basement.

Purpose: To provide the community with a place to explore their creative and artistic talents. We encourage people of all ages, cultures and abilities to not be afraid of 'giving it a go', and we provide affordable workshops and classes to encourage learning.

To promote local artists, increase community involvement in art, provide art education opportunities for the community. Art Gallery and education space open 5 days a week.

Formal or Informal: Elected committee. Art Kaipara is an incorporated society.

Fees/Subs: \$20, age 16 or under \$10.

Events: Monthly exhibitions; workshops; classes.

Comments: The Art Centre workshop is available to rent for \$15 an hour and is used by Mount Tabor four times a week to run part of its arts and activities programme. Gallery \$170/month and meeting room \$70/month for exhibitions.

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Clubs & General Interest Groups

■ Helensville Aglow

Contact: Yvonne Bartlett

Phone: 027 283 1344

Email: yvonne@hello.net.nz

Year Formed: 2011

Membership: 30

Age or Sector: All ages

When Meet: 7.30pm, first Friday each month.

Where Meet: Helensville Community Church, 40 Mill Road.

Purpose: To encourage people.

Formal or informal: A committee called a Board oversees meetings.

Fees/Subs: \$40 per year though some non-members attend regularly.

Events: A dessert evening.

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Clubs & General Interest Groups (cont)

• From page 7

Comments: Aglow is a worldwide Christian organisation. People attend from many different churches and also people who do not attend churches. People may have prayer for healing and often people are healed. The public meeting includes singing, a speaker and supper.

■ Helensville Floral Art Club

Contact: Cushla Hawkes
Phone: 420 8905 or 021 258 8979
Email: cushanddez80@gmail.com
Year Formed: 1978
Membership: 24
When Meet: 10am, third Thursday of each month except January.
Where Meet: Masonic Hall, Kowhai Street, Helensville.

Purpose: To share in our fun, friendship and flowers.

Formal or informal: Monthly informal
Fees/Subs: \$40 per year.

Comments: New members welcome. We do a lot of community work, such as decorating churches for Helensville's 150th anniversary, and making wreaths for the RSA for Anzac Day each year. Can provide flowers for local weddings and funerals also. Members regularly enter in the A&P Show.

■ Kaipara Music Club

Contact: Pam Arden
Phone: 420 2037 or 021 0329 218
Email: plarden375@gmail.com
Year Formed: 2000
Membership: Approx. 15
Age or Sector: Any age, mainly adult.
When Meet: Last Friday of the month, February to November.
Where Meet: St Matthews Church (room at rear of church).

Purpose: Aimed at people wishing to play any musical instrument in a fun environment. Music provided. Easy to play and easy listening. Friends and family welcome to join in and listen.

Hopefully people who don't have an outlet for playing can look forward to the group contact. Fun evening with supper after, from 7.30pm to 10.30pm approx.

Formal or Informal: Informal

Fees/Subs: \$2 per night.

Events: End of year pot luck dinner. Occasionally members play together at other venues.

■ River Valley Country Music Club

Contact: Linda McCardle
Phone: 420 8867
Email: gl_mccardle@icloud.com
Year Formed: 1986
Membership: 80
Age or Sector: All ages.
When Meet: 1-4pm, third Sunday of each month.
Where Meet: Helensville War Memorial Hall.

Formal or Informal: Formal committee.

Fees/Subs: Single senior citizen \$5, couple \$10. Single adult \$7, family \$12. Door entry \$4/\$5 non-member.

Events: Artists from clubs all over Auckland visit during the year, and we do bus trips to other clubs in the region. With four other clubs we take six-monthly turns hosting all the clubs for a very busy and enjoyable day.

■ River Valley Amateur Winemakers & Brewers Guild

Contact: David Dryden
Phone: 09 428 7509
Email: ddas@xtra.co.nz
Year Formed: 1985
Membership: 20-25
Age or Sector: Any age, mainly adult.
When Meet: 7.30pm, third Tuesday of the month except January.
Where Meet: Helensville Fire Station.

Purpose: Home-based brewing of wine, beer and spirits.

Formal or Informal: Formal committee.

Fees/Subs: \$15 per year.
Events: Monthly competitions, annual regional competition at Helensville A&P Show.

■ Rodney Beekeepers Club

Contact: Peter McNab
Phone: 027 776 5051
Email: beeks@email.com

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Clubs & General Interest Groups (cont)

• From page 8

Year Formed: 2014

Membership: 70

Age or Sector: All ages.

When Meet: 7.30pm, second Wednesday of each month.

Where Meet: Kaipara Cruising & Fishing Club rooms, 72 Mill Road, Helensville.

Purpose: To learn more about bees and become better bee keepers. To develop friendships, foster relationships between hobbyist and commercial beekeepers, and to encourage horticulturalists and those with relevant interests to join.

Formal or Informal: Formal committee.

Fees/Subs: \$35 per year family membership.

Events: The club has six hives and holds field days for training purposes.

Comments: More information online at: www.rodneeybeekeepersclub.co.nz.

■ South Kaipara U3A

Contact: Tony Morrison

Phone: 420 9971

Email: kiwimorrison@gmail.com

Year Formed: 2019

Membership: 20

Age or Sector: Age 60+.

When Meet: First Tuesday each month at 10am, except December and January

Where Meet: Men and Family Centre, 10 Awaroa Road, Helensville.

Purpose: For people who wish to keep learning and make new friends. The club has a core policy of learning, interesting activities and friendship, and is neither political or religious. We aim for a guest speaker at each meeting. Special interest groups meet throughout the month.

Suits people who wish to become involved in activities and make new friends.

Formal or Informal: Informal meetings,

elected committee.

Fees/Subs: \$25 annually.

■ Waitoki Craft Group

Contact: Sharon Dooney or Lisa Clapperton

Phone: 420 3342 or 420 5455

Email: sharon@jumbuck.co.nz

Year Formed: 2005 approx

Membership: 20

Age or Sector: All ages.

When Meet: 7-9pm every second Thursday.

Where Meet: Waitoki Hall.

Purpose: For people wanting to do any sort of craft, with an emphasis on spinning fibres such as wool, alpaca and silk.

Formal or Informal: Informal.

Fees/Subs: \$2 per evening.

Events: Classes during the year, semi-regular demos at the Waitoki market.

Sports & Fitness Clubs/Groups

■ Fitfam Keep Fit Classes

Contact: Heena King

Phone: 021 203 9664

Email: heenaking@windowslive.com

Year formed: 2013

Membership: Approx 25-30.

Age or Sector: Teens to adult, men and women.

When Meet: Monday, Wednesday & Friday 9am, Tuesday 7pm, Saturdays 7.30am.

Where Meet: Men & Family Centre, Awaroa Road.

Purpose: A friendly place where families can work out and bring their kids, so there is no need for a babysitter. We do weights, cardio, boxing, kickboxing, abs, butt and more. All levels of fitness. Its not just about getting fit but about friendship, family, and an all-round healthier lifestyle at affordable prices.

Events: We do activities outside of our classes like Tough Guy and Gal Challenge and the Turning the Tide walk.

■ Fitness League NZ Inc

Contact: Christine Mowat

Phone: 420 7108

Email: r.cmowat@slingshot.co.nz

Year Formed: 1937 (NZ)

Membership: 34

When Meet: Friday mornings, 10am.

Where Meet: Helensville War Memorial Hall.

Purpose: Part exercise and part dance, to aid fitness, balance, and posture safely to music, plus friendship and laughter.

Fees/Subs: \$20 annually + \$6 per session.

Events: Royal Albert Hall London every five years.

Comments: More information available at www.thefitnessleague.org.nz or Freephone 0508 224 687.

■ Helensville Aikido Club

Contact: Mark Allen

Phone: 022 074 0483

Email: mark_aikido@hotmail.com

Year Formed: 2002

Membership: core of 8, up to 10 other casual.

When Meet: Monday & Wednesday 6pm to 7pm; Sunday 10am to noon.

Where Meet: 103c Mill Road, opposite museum.

Purpose: Aikido is a Japanese martial art.

It aims to harmonise with the opponent's energy using joint locks and throws to neutralise attacks. There is a strong relationship to

traditional Japanese weapons when applying the techniques and a lot of emphasis placed on relaxation and communication on a physical level.

Fees/Subs: \$20 per week.

Comments: People are welcome to come and watch a session, and the first two classes are free.

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Sports & Fitness Clubs/Groups (cont)

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■ Helensville Athletics Club

Contact: Nicola Collinge
Phone: 021 215 3093
Email: helensvilleathleticclub@gmail.com
Membership: 80
Age or Sector: Pre-school to 13 years.
When Meet: Wednesday evenings, October to March.
Where Meet: Rautawhiri Park.
Purpose: To provide a base athletic skill level in track and field to support school sports and competitive club sport. Also a fun introduction for pre-schoolers encompassing Athletics New Zealand's Run, Jump Throw and Get Set Go programmes.
Formal or Informal: Formal committee.
Fees/Subs: Varies according to age.
Events: Club ribbon days.
Comments: Affiliated to Athletics NZ so children can compete in inter-club events if they wish.

■ Helensville Bowling Club

Contact: George Coghill
Phone: 420 9841, Clubrooms: 420 8316
Email: helensvillebowls@gmail.com
Year Formed: 1912
Membership: 50 players, 6 social
Age or Sector: 16 years and over.
When Meet: Wednesdays & Saturdays.
Where Meet: Clubrooms, 38 Awaroa

Road.

Purpose: To effectively perform our role as a responsible club to grow the sport of lawn bowls in the local community and North Harbour Bowls region.

Formal or Informal: Elected executive.
Fees/Subs: \$140 full, \$55 associate, \$45 first year, \$25 social.

Events: Ross McMurdo Open Fours, Ivan Kostanich Fish Tournament, Women's Classic Fours, Easter Mixed Pairs, Hamilton Wilson Open Triples.

■ Helensville Golf Club

Contact: Sandy March
Phone: 420 5454 or 0800 420 545
Email: helensville@golf.co.nz
Web: www.helensvillegolf.co.nz
Year Formed: 1948
Membership: 600
Age or Sector: 5 to 90 years.
When Meet: Daily.
Purpose: To provide golfing facilities of the best standard possible to all members of the community, by providing a range of course layouts for each individual's needs.
Formal or Informal: Formal, elected committee meets monthly. Registered as an incorporated society.
Fees/Subs: Depends on age and playing requirements, varies from \$150pa for under 13 year olds, through to \$1245pa for full playing adults. Adults can also have cheaper subs for midweek or pay-to-play.
Events: Monthly Open Tournament on the first Thursday of each month which members of any club may enter. During daylight saving we hold a twilight golf evening every Friday evening for all players, even if not a club member. Bar and cafe.

■ Helensville Pony Club

Contact: Tammy Downer (secretary)
Phone: 027 256 9696
Email: helensvillepcnz@gmail.com
Web: www.sporty.co.nz/helensvillepc
Membership: 20
Age Sector: 3 to 25 years.
When Meet: Wednesday evening 5:30pm - 7pm.
Where Meet: Helensville A&P Showgrounds.

Purpose: Our motto: For Rally, Club Culture & Learning Environment. Helensville Pony Club aims to provide quality coaching, certificates, friends, a supportive riding community, competitions, and training opportunities to suit all riders no matter where you fit in the spectrum of the equine riding environment.

Formal or Informal: Formal committee structure.

Fees/Subs: \$185 per riding member, incl accompanying adult.

Events: We hold a range of competitions throughout the season which starts with the first rally at the end of September and goes through to April. Regular ribbon and showjumping days throughout the season.

■ Helensville Rugby Club

Contact: Nick Mulvaney
Phone: 027 672 6917
Email: secretary.hdrfc@gmail.com
Year Formed: 1970
Membership: 250
Age or Sector: All ages.
Where Meet: Helensville Rugby Club, Rautawhiri Park.
Purpose: Passionate about making rugby accessible for the local community to be involved in, our club provides a safe and friendly environment for all. We offer both rippa and tackle rugby for juniors from ages 5-13 years, as well as senior teams.
Formal or Informal: Formal committee.
Comments: More information available online at: www.helensvillerugby.co.nz

■ Helensville Tennis Club

Contact: Gaylene Ashton
Phone: 021 753 380
Email: helensvilletennis@gmail.com
Year Formed: 1914
Membership: 105
Age or Sector: All ages.
When meet: Seniors: Wednesday, Thursday; Juniors: Tuesday, Friday.
Where meet: Helensville Tennis Club, Rautawhiri Park.
Purpose: To be a friendly community tennis club offering a quality range of opportunities and to provide a sports facility to enhance the health and well

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Sports & Fitness Clubs/Groups (cont)

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being of the Helensville and District's community.

Formal or informal: Formal.

Fees/Subs: Senior \$250; Junior 13-18 years \$150; Junior 5-12 years \$95.

Events: Business House Mixed Doubles, Club Champs, Lou Keefe Tournament, Club nights senior & junior, coaching.

Charity: No

■ Kaipara Lancers Rugby League & Sports Club

Contact: Eli Foreman

Phone: 022 049 7918

Email: eliforeman19@gmail.com

Year Formed: 1988

Age or Sector: All ages.

Purpose: Re-formed 2011. We promote, foster & control the game of rugby league.

Formal or Informal: Formal.

Comments: No current teams, but anyone wanting to play league should get in touch.

■ Kaipara Netball Centre

Contact: Mili Sipa (president)

Phone: 420 7971

Email: dmsipa0@gmail.com

Age or Sector: all ages, separate junior (under 12) and senior classes.

When Meet: Monthly committee meetings.

Where Meet: Kaipara Netball Centre, Rautawhiri Park, Helensville. Juniors play each Saturday, seniors on Wednesday evenings.

Purpose: To organise netball games at junior and senior levels.

Formal or informal: Formal, elected committee.

Fees/Subs: Juniors 12 and under \$45; seniors varies depending on season.

Events: Annual prize giving.

Comments: Juniors play a 14-week season. We also have a rep team of Year 7s and Year 8s that plays in tournaments throughout the year.

■ Kaipara Touch

Contact: Roxanne Mulvaney

Phone: 021 174 9519

Email: kaipara.touch@gmail.com

Membership: 700

Age or Sector: All ages.

When Meet: Friday afternoon/evening games.

Where Meet: Helensville Rugby Club, Rautawhiri Park.

Purpose: Touch Rugby in Helensville is fun and great for fitness. School teams make up the junior module with games on Friday afternoons, followed by social senior touch.

Formal or Informal: Informal.

Comments: More information available online at: www.sporty.co.nz/kaiparajnrntouch

■ Kaukapakapa Pony Club

Contact: Alex Stradwick (president)

Phone: 021 0282 2817

Email: kaukapakapaponyclub@gmail.com

Web: kaukapakapaponyclub.org.nz

Year Formed: 1970 approx

Membership: 35 plus 12 adult riders

Age or Sector: 3 to 25 years.

When Meet: Tuesday 5.30pm to 7.30pm from 9th September to end of March and some weekends. Adult rides Mondays from 6pm to 7.30pm.

Where Meet: Kaukapakapa Pony Club, Henley Road, Kaukapakapa.

Purpose: For young and old who have a passion for learning, riding & horsemanship skills, competing on their horses, socialising, and having fun with like-minded people from September to March. We have a 10-week course at the start of the season for kids that don't have a pony/horse but want to learn horsemanship.

Formal or Informal: Formal structure with an elected committee and monthly meetings. Incorporated society.

Fees/Subs: \$230 per member and \$160 for additional members in the same family. Adult Riders \$230 includes key to the grounds and use of club equipment.

Events: Three ribbon days at Labour, Waitangi and Anzac weekends. Practise cross country days, inter-club one day events and many other events.

Comments: Members of Kaukapakapa Pony Club get a key to the grounds which can be used anytime (providing an event is not being held). A community key is available for a fee from Alex Stradwick 021 0282 2817 for those that may want to hold

their own event on the grounds.

■ Kaukapakapa Sports & Bowling Club Inc

Contact: Marie Dilley

Phone: 022 127 3276

Email: kaukapakapabowl@gmail.com

Year Formed: 1945

Membership: 70

Age or Sector: Any.

When Meet: Wednesdays & Fridays.

Where Meet: Kaukapakapa Bowling Club, 1014 Kaipara Coast Highway, Kaukapakapa.

Purpose: Sports & bowling club - everyone welcome.

Formal or Informal: Formal structure with an elected committee.

Fees/Subs: \$40 single, \$60 family.

Events: Various bowls, darts, and pool contests, quiz nights, bands. Biannual Mz Kaukapakapa where men dress as women.

Comments: For locals from Kaukapakapa & surrounding areas, we are always looking for new volunteers & members.

■ Matsubayashi Ryu Karate

Contact: Tim Herlihy

Phone: 021 254 4272

Email: timgodan@gmail.com

Year Formed: Teaching karate in Helensville since 1995.

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Sports & Fitness (cont)

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Membership: 10-20 members
Age or Sector: 8 to 80 years.
When Meet: Monday & Thursday evenings.
Where Meet: Helensville War Memorial Hall, Commercial Rd, and Wainui Hall.
Purpose: Development of karate techniques to promote balance,
Fees/Subs: Junior membership \$60 per school term. College age \$30 per month. Adult members \$45 per month.
Events: Regular interclub training, seminars and overseas tuition.
Comments: I am a 6th Dan black belt registered with the WMKA (World Matsubayashi Ryu Karate Assn) Okinawa, Japan. Dojo (club) licensed instructor, endorsed to officially represent this specific karate style in the Helensville area.

■ Shorin Ryu Karate Do NZ

Contact: James Johnston
Phone: 027 860 3101
Email: sensei@shorinryu.co.nz

Year Formed: 2013.
Membership: 80 members
Age or Sector: 5 and over.
When Meet: Mondays, Tuesdays, Wednesdays, & Thursdays.
Where Meet: Helensville War Memorial Hall, Kaukapakapa hall, Waitoki hall, Wainui School.
Purpose: Students learn traditional Okinawan karate, Okinawan weaponry, self defence and sport kumite.
Formal or Informal: Informal structure.
Fees/Subs: \$60 per school term per school student, \$40 per month per adult. Group family discounts available. Students can train up to four times per week for the same term/monthly fee.
Comments: We promote a strong family environment where students learn at their own pace. Students have the opportunity to visit Okinawa in Japan to learn more about its, people, culture and karate. Our training focuses on centering oneself so that we can, with a calm demeanor, deal with high pressure situations. We currently teach 14 classes per week.

town talk

community tidbits from town and around

• From front page

the People's Choice award. Photos in the competition are to be taken between Sunday, June 2 and Sunday, June 9. Prizes will also be awarded for best under 12 and over 12 age groups. More information is on the Kaukapakapa Library Facebook page or contact Megan Paterson, phone 021 959 017 or email: threehorses@xtra.co.nz.

■ WINTER LECTURE SERIES

Rafting on the Kaipara is the subject of the Helensville & District Historical Society's first Winter Lecture for 2019, to be presented by Trevor Scott in the Father Sakey Center at the Helensville Catholic Church on Sunday, June 16 from 2pm.

■ A&PAGM

Helensville A&P Association will hold its annual general meeting on Wednesday, July 10 in the main showgrounds building, starting at 7.30pm. Nominations for committee positions close on Friday, June 28. Contact the office, phone 420 7572 or email: info@helensvilleshow.co.nz.

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Helensville News - Publication Information

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Letters to the Editor: Should be kept to around 250 words and may be edited as space dictates.



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